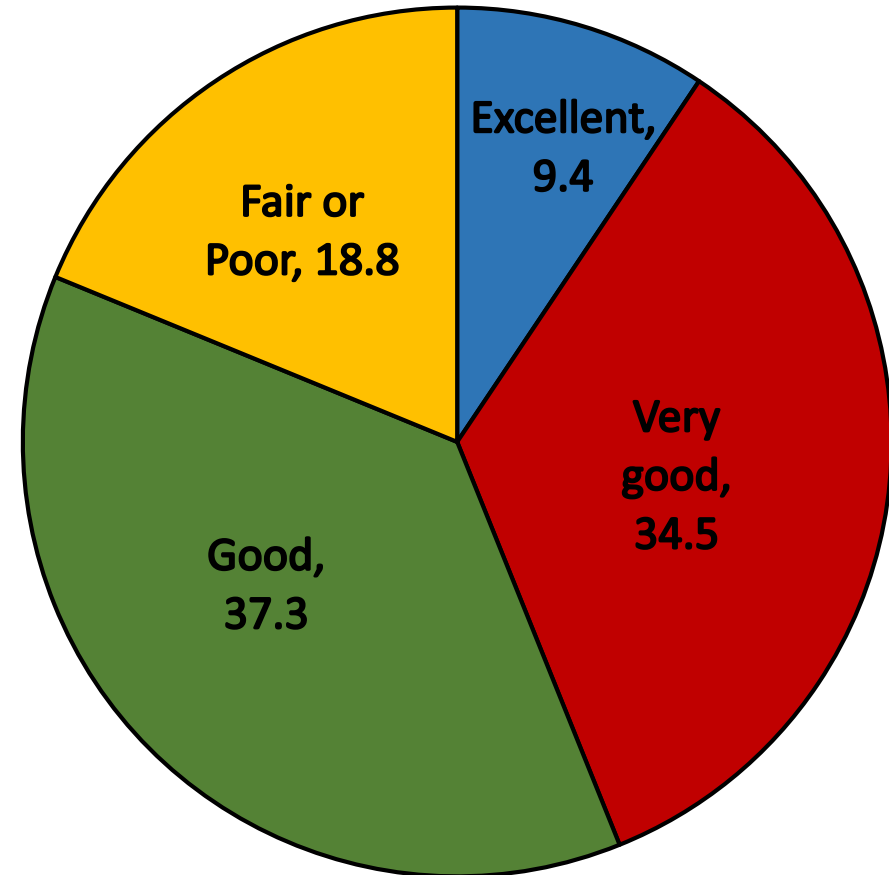


“In general, would you say that your health is...”
Bridge to Health Survey, 2015 and 2020

2015



2020



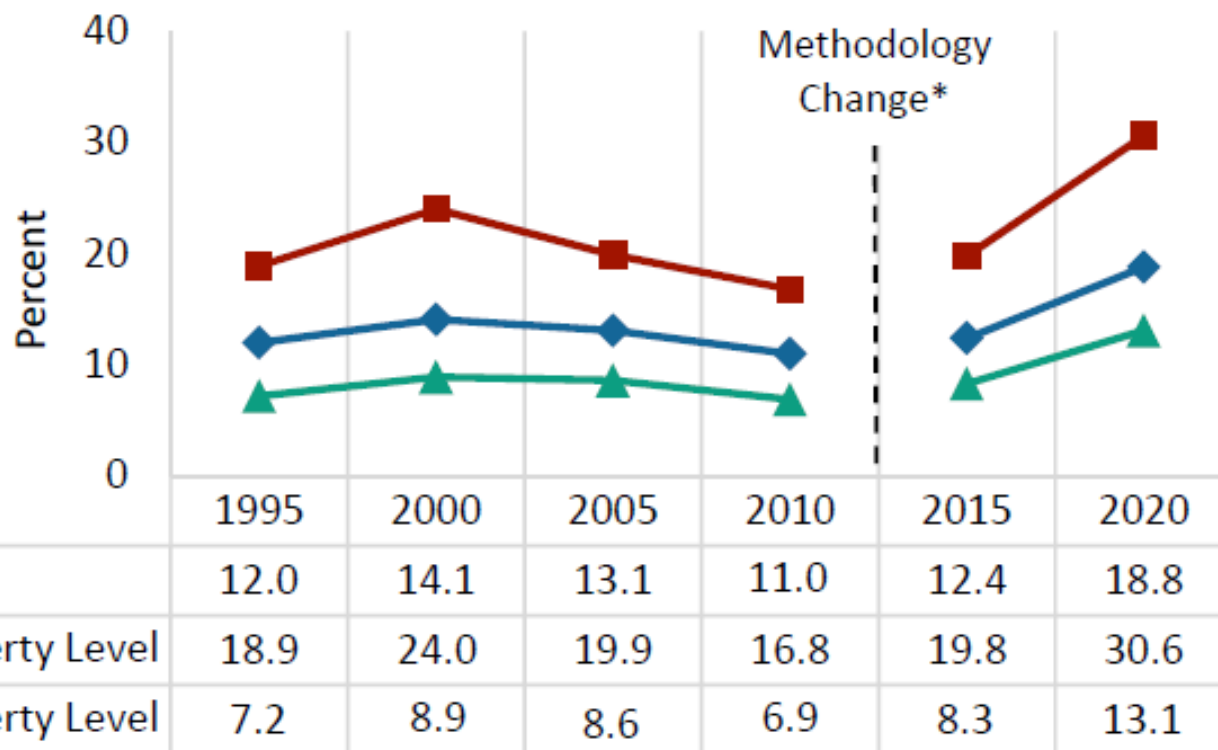
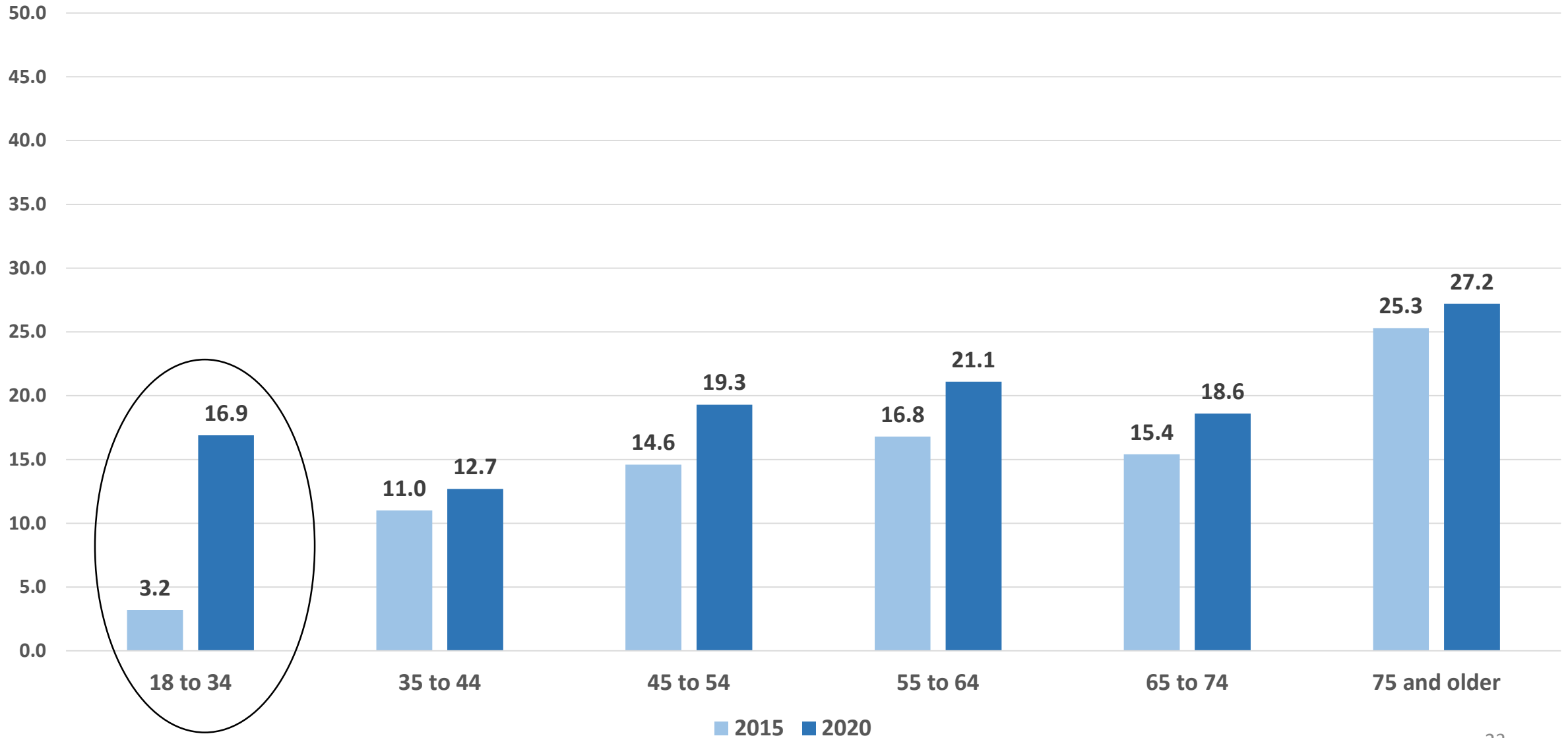


FIGURE 1.2 – Perceived Health Status: Fair or Poor by Survey

**Data collection and weighting methodology changes were implemented in 2015; therefore, direct comparisons to previous survey results cannot be made. Please see the Methodology and Demographics section for more details.*

Fair or Poor Perceived Health Status by Age Bridge to Health Survey, 2015 and 2020

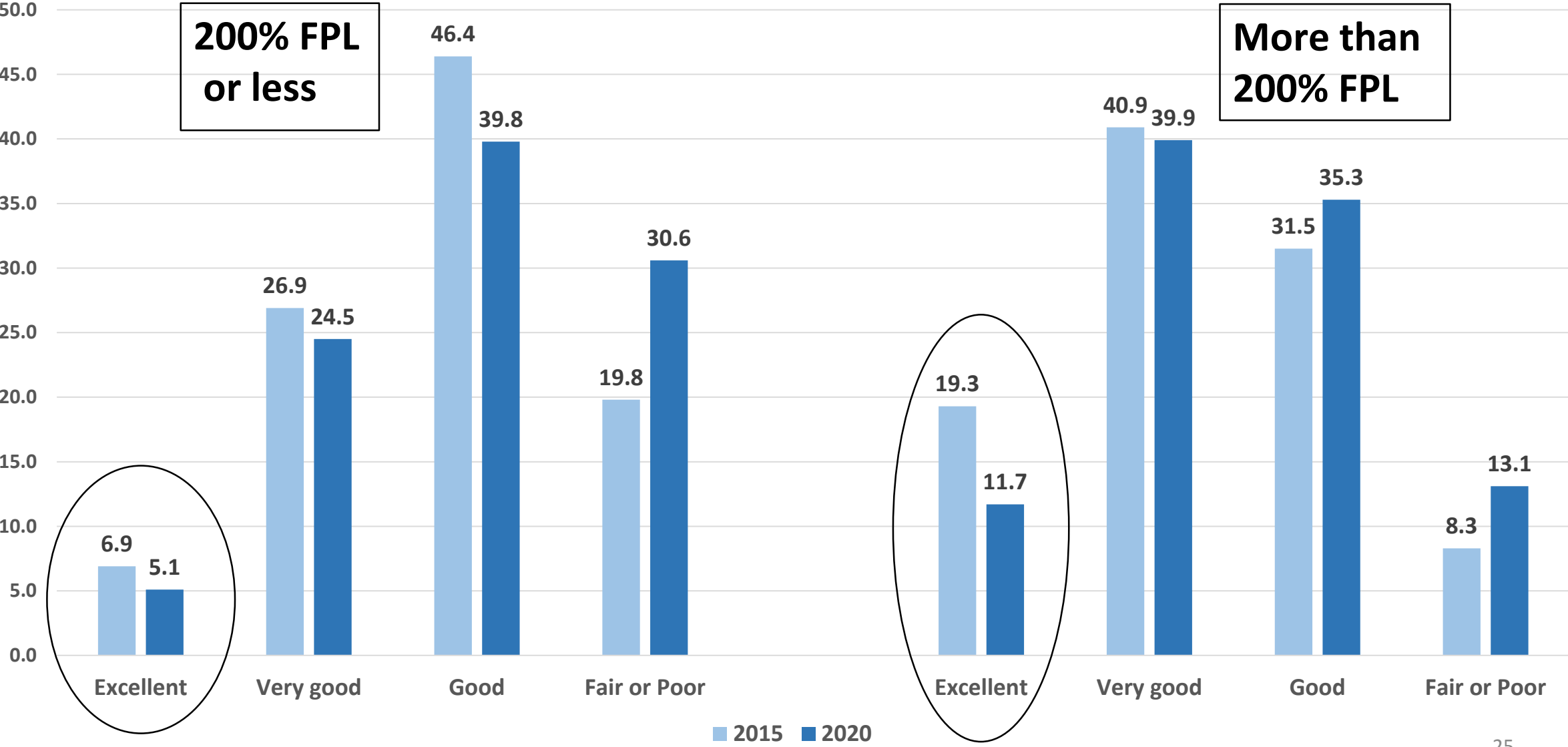


Perceived Health Status by Poverty Status Bridge to Health Survey, 2015 and 2020



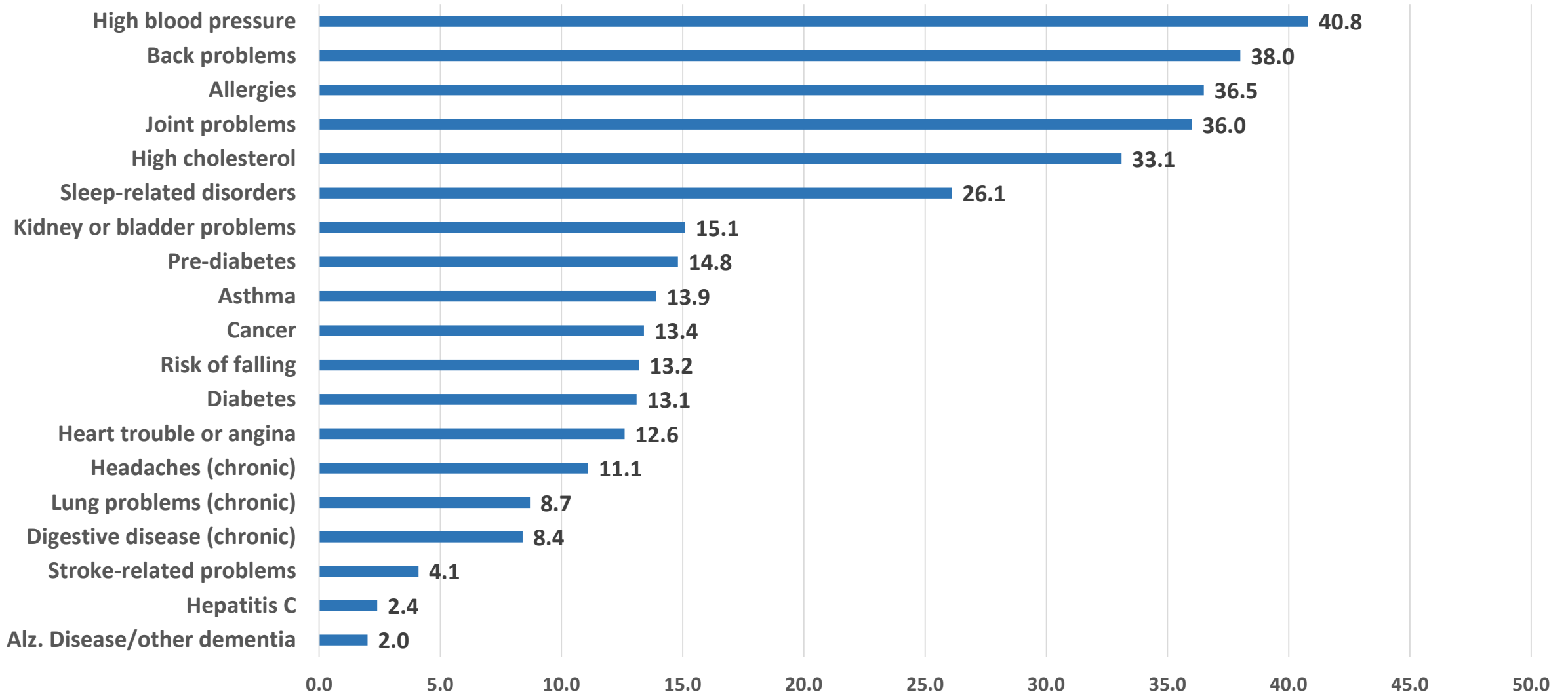
Perceived Health Status by Poverty Status

Bridge to Health Survey, 2015 and 2020



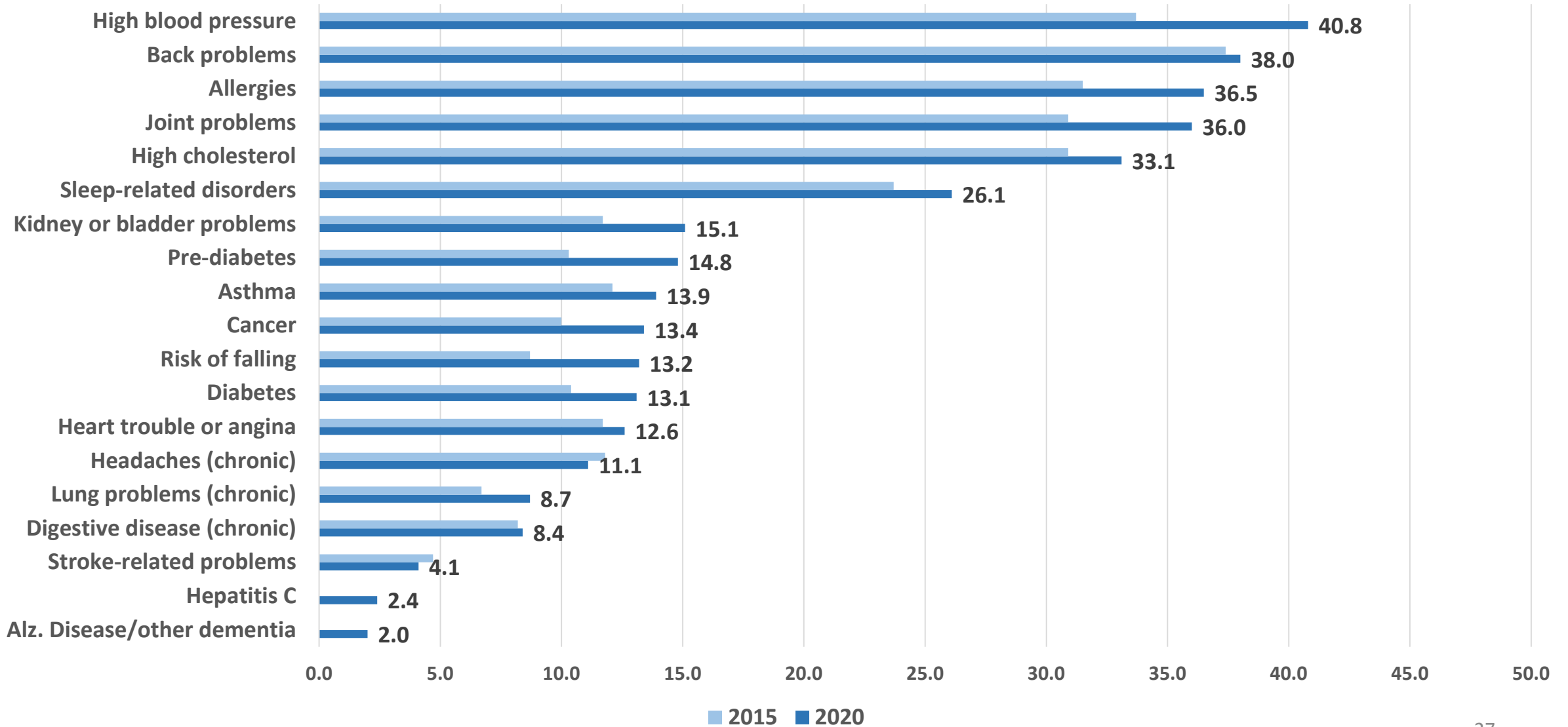
Prevalence of Chronic and Other Health Conditions

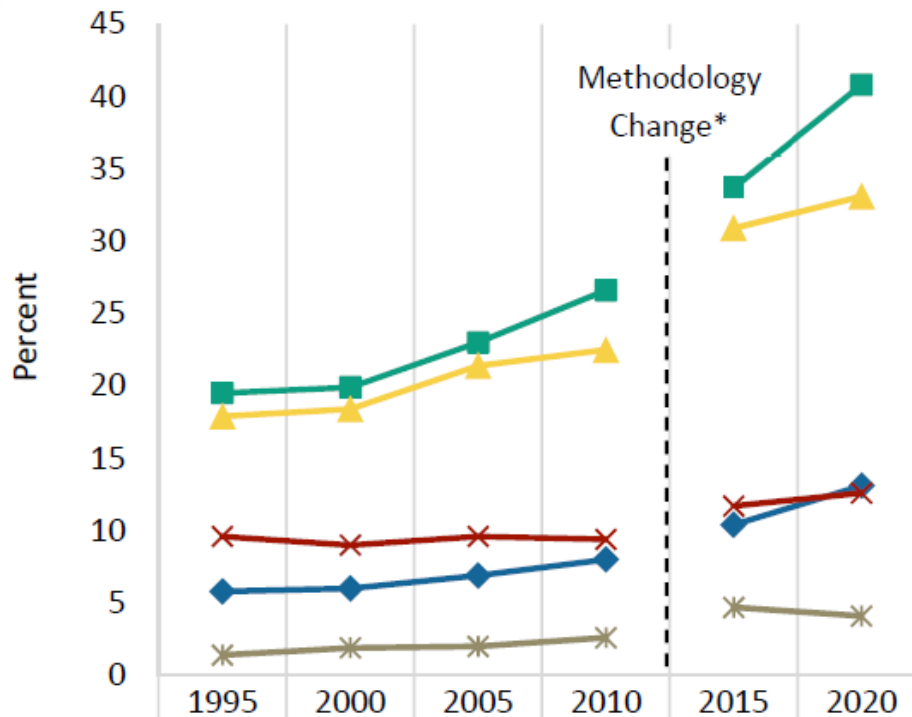
Bridge to Health Survey, 2020



Prevalence of Chronic and Other Health Conditions

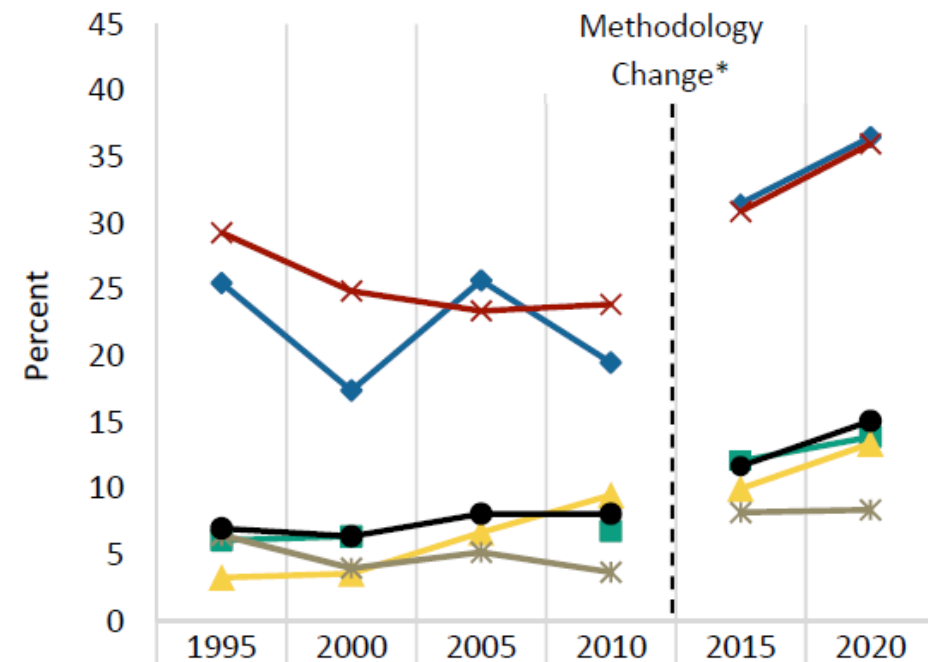
Bridge to Health Survey, 2015 and 2020





	1995	2000	2005	2010	2015	2020
◆ Diabetes	5.8	6.0	6.9	8.0	10.4	13.1
■ Hypertension	19.5	19.9	23.0	26.6	33.7	40.8
▲ High Cholesterol	17.9	18.4	21.4	22.5	30.9	33.1
× Heart Disease	9.6	9.0	9.6	9.4	11.7	12.6
* Stroke	1.4	1.9	2.0	2.6	4.7	4.1

FIGURE 2.2 – Prevalence of Chronic Conditions by Survey – Part 1



	1995	2000	2005	2010	2015	2020
◆ Allergies	25.5	17.4	25.7	19.5	31.5	36.5
■ Asthma	6.1	6.4	NOT COLLECTED	6.8	12.1	13.9
▲ Cancer	3.3	3.6	6.7	9.5	10	13.4
× Joint Problems	29.3	24.9	23.4	23.9	30.9	36
* Digestive Disease	6.5	4	5.2	3.7	8.2	8.4
● Kidney Disease	7	6.4	8.1	8.1	11.7	15.1

FIGURE 2.3 – Prevalence of Chronic Conditions by Survey – Part 2

*Data collection and weighting methodology changes were implemented in 2015; therefore, direct comparisons to previous survey results cannot be made. Please see the Methodology and Demographics section for more details.

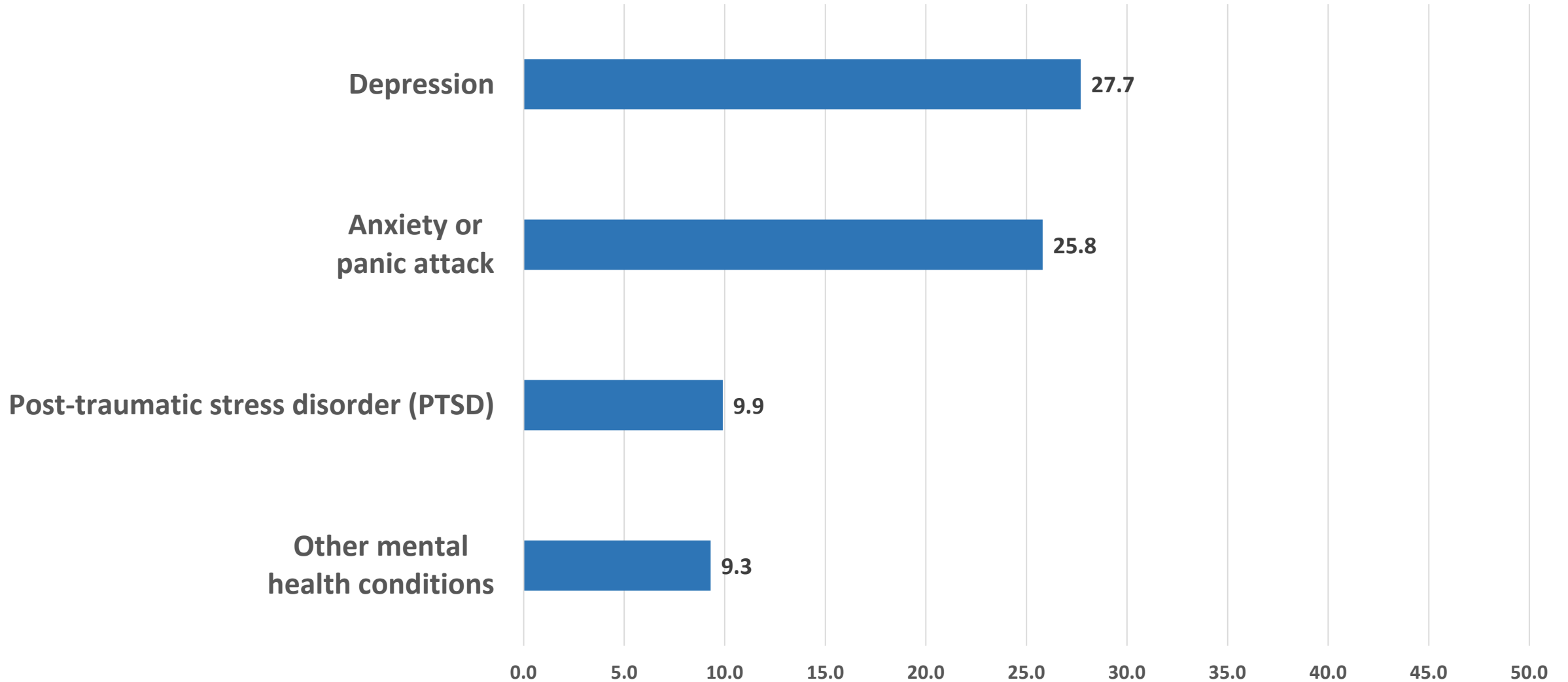


Bridge to Health Survey 2020

Mental Health Status

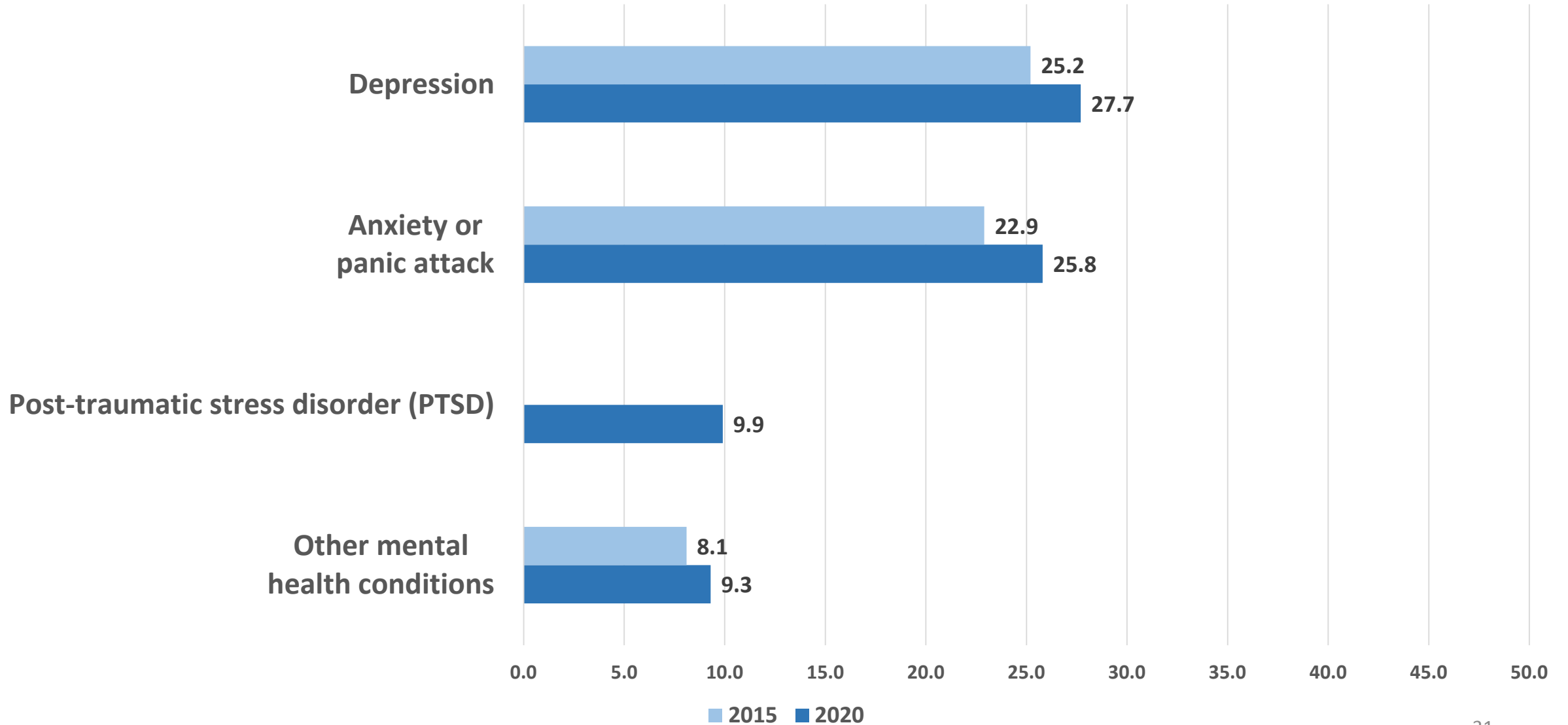
Prevalence of Mental Health Conditions

Bridge to Health Survey, 2020



Prevalence of Mental Health Conditions

Bridge to Health Survey, 2015 and 2020



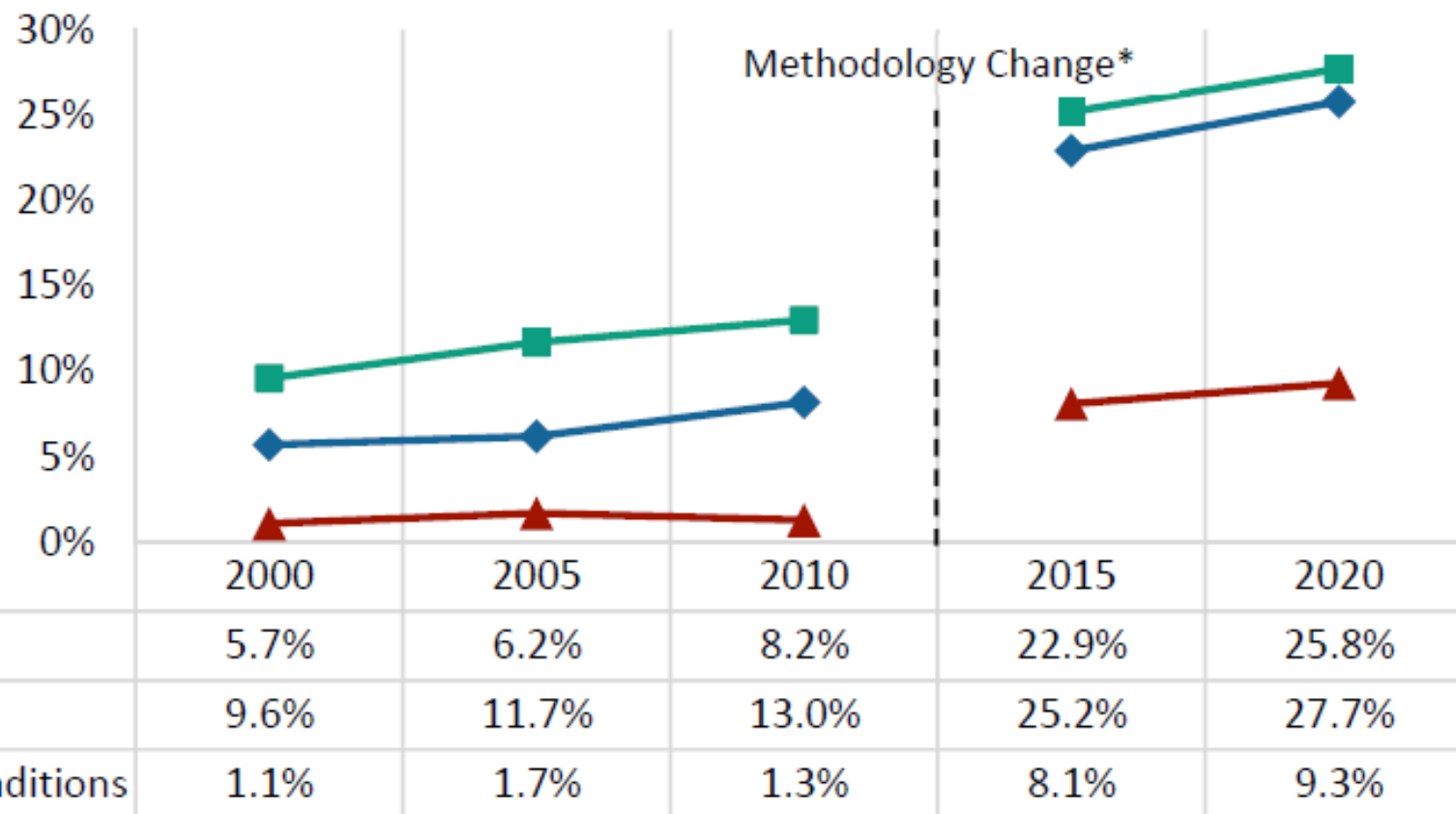
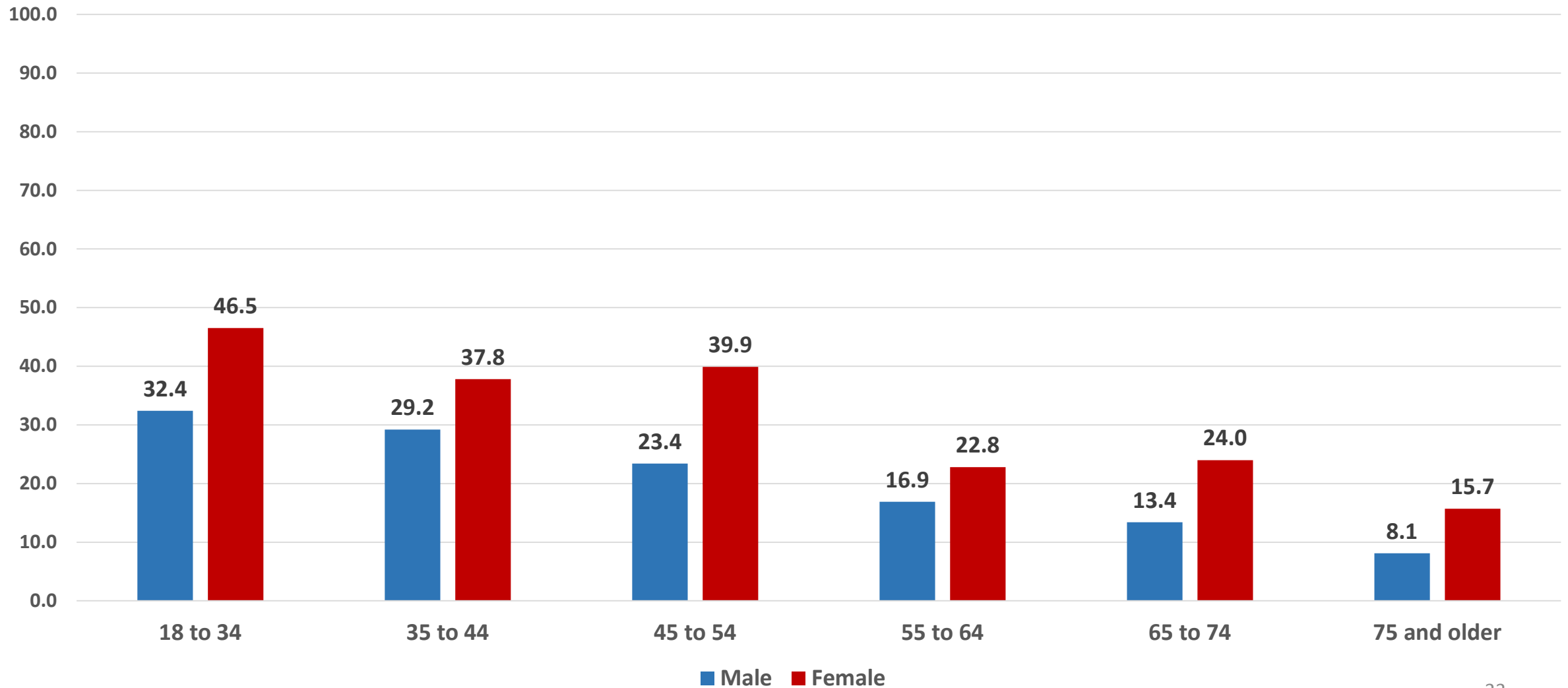


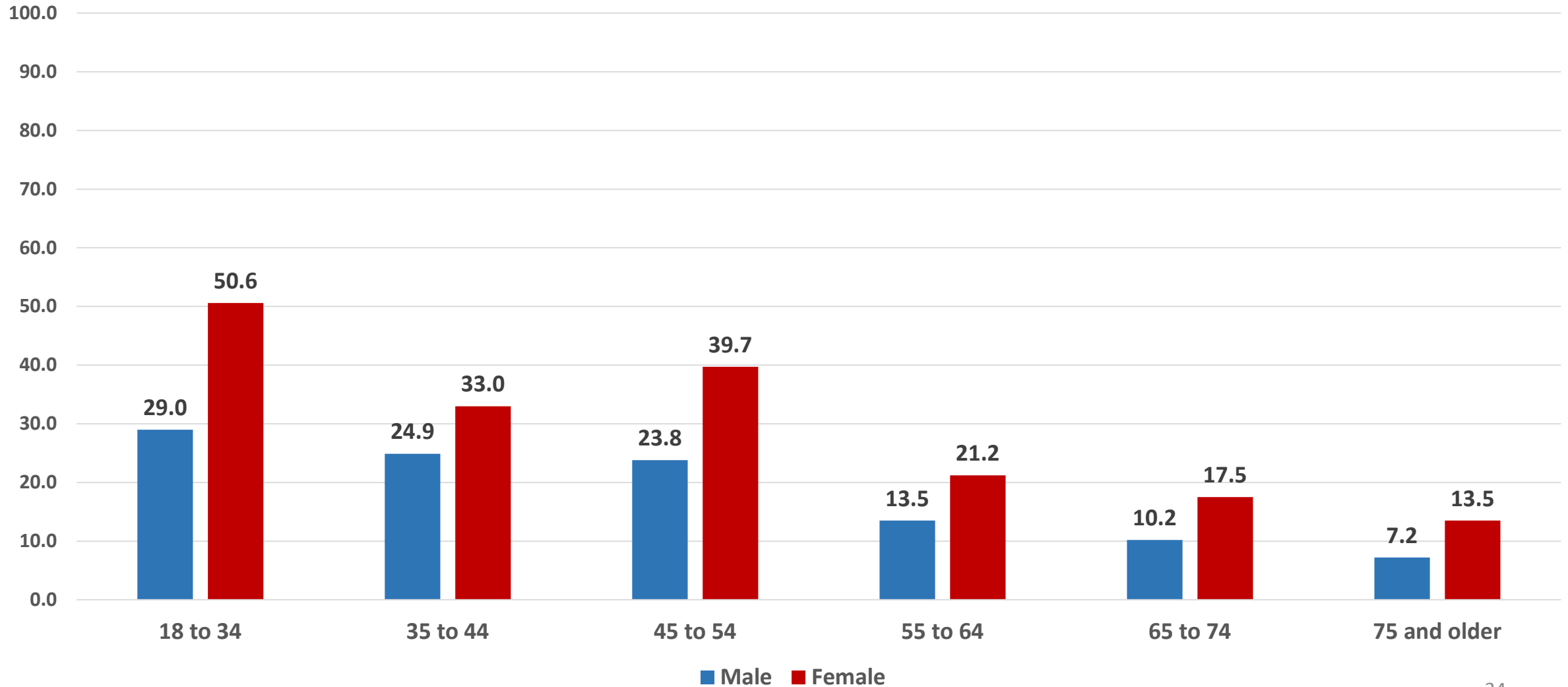
FIGURE 3.1 – Prevalence of Mental Health Conditions by Survey

**Data collection and weighting methodology changes were implemented in 2015; therefore, direct comparisons to previous survey results cannot be made. Please see the Methodology and Demographics section for more details.*

Prevalence of Depression by Age & Sex Bridge to Health Survey, 2020

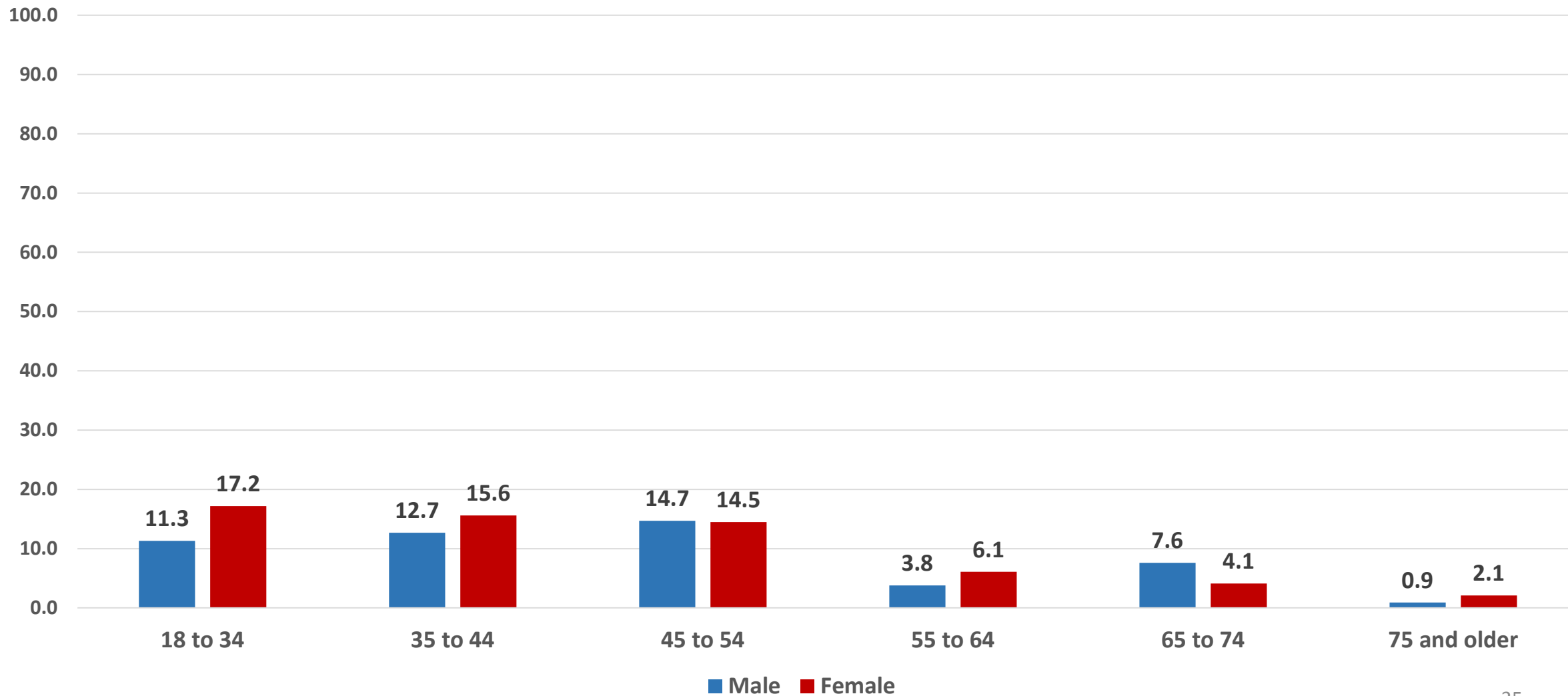


Prevalence of Anxiety/Panic Attack by Age & Sex Bridge to Health Survey, 2020



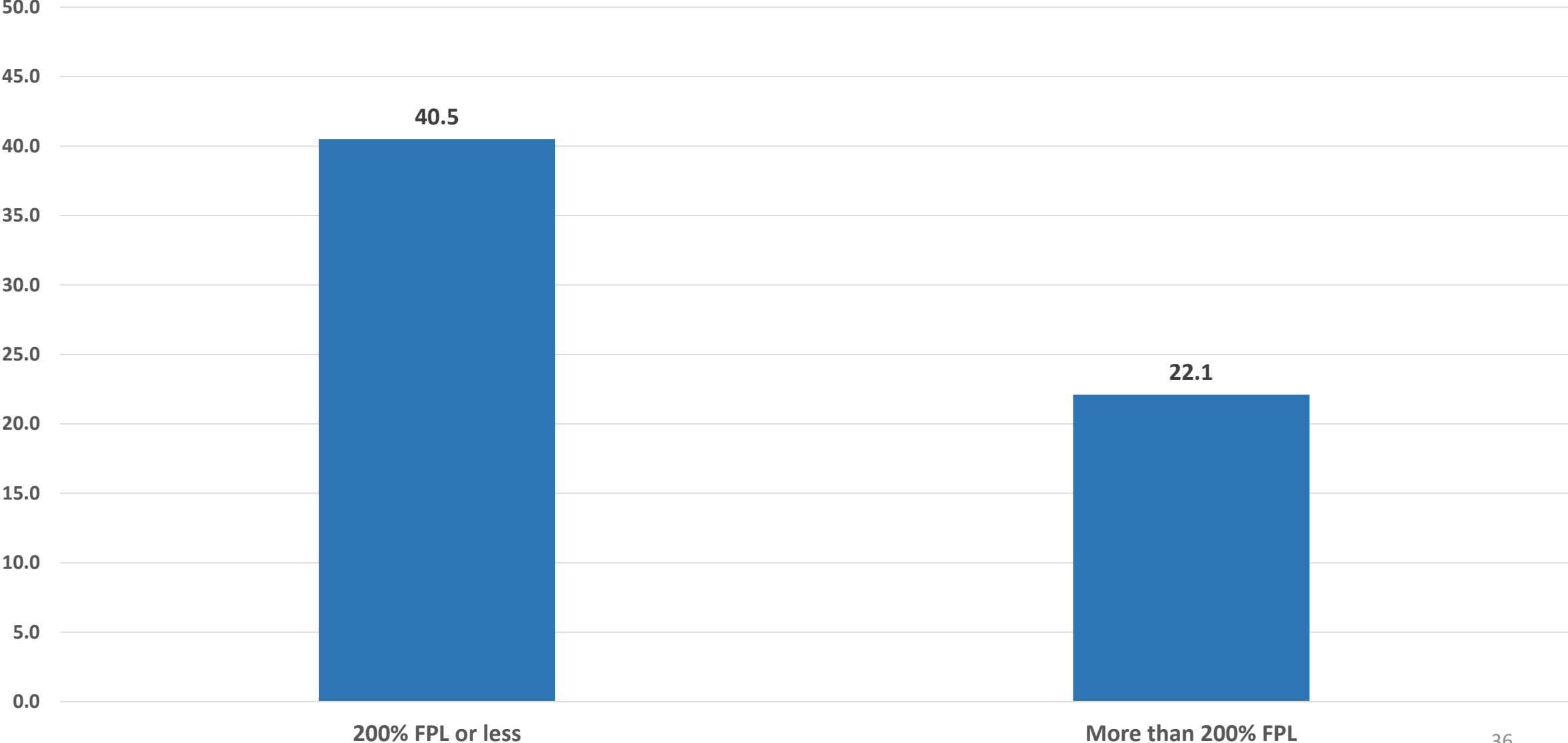


Prevalence of PTSD by Age & Sex Bridge to Health Survey, 2020



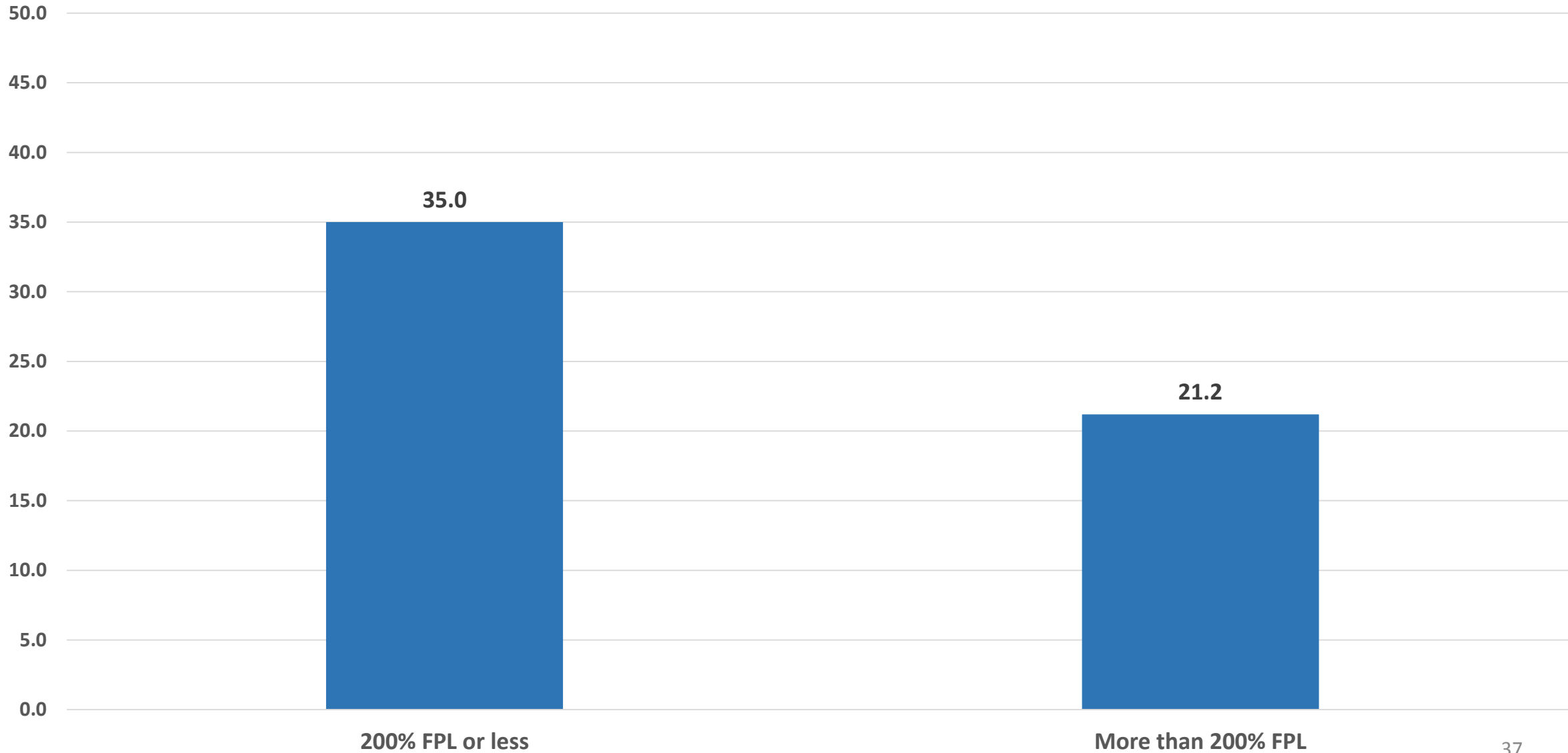
Prevalence of Depression by Poverty Status

Bridge to Health Survey, 2020



Prevalence of Anxiety or Panic Attack by Poverty Status

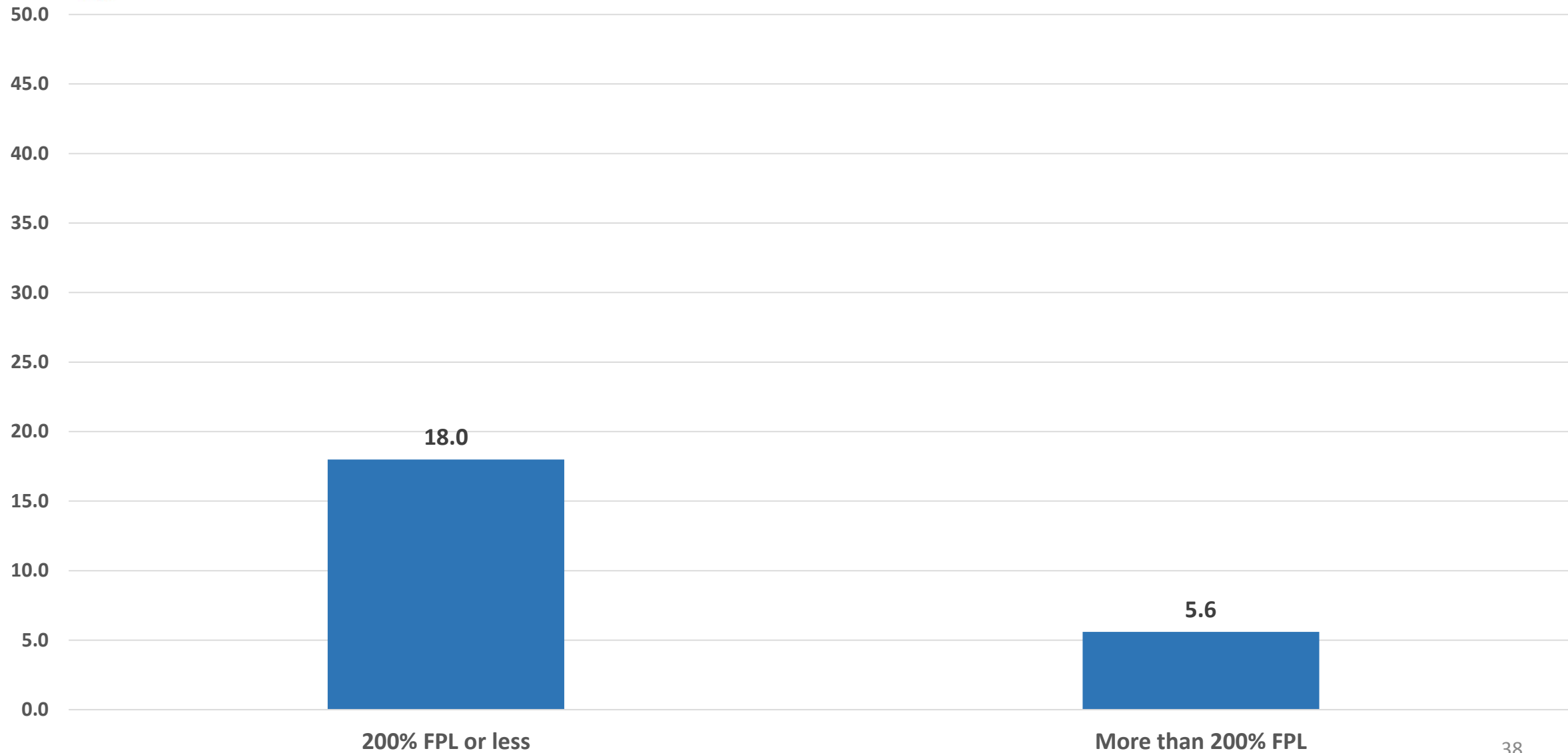
Bridge to Health Survey, 2020



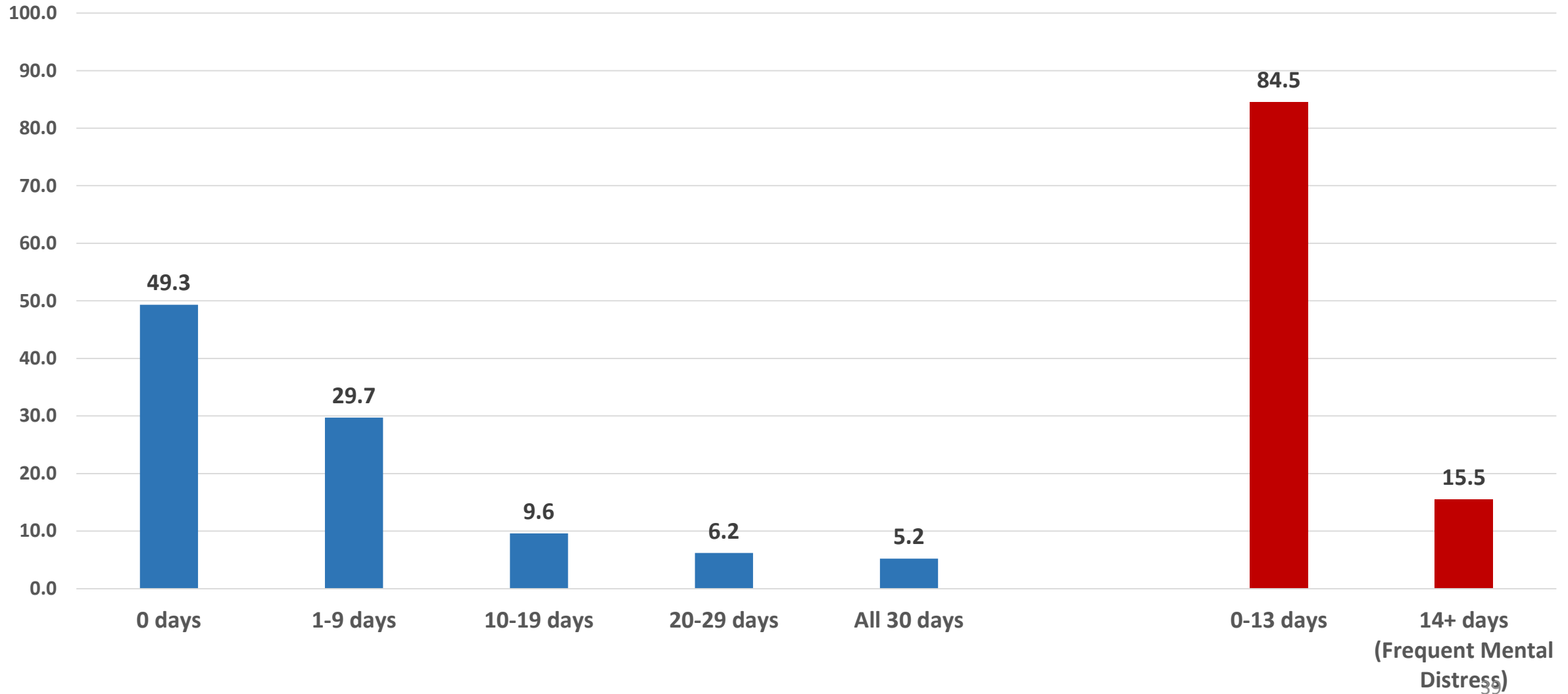


Prevalence of PTSD by Poverty Status

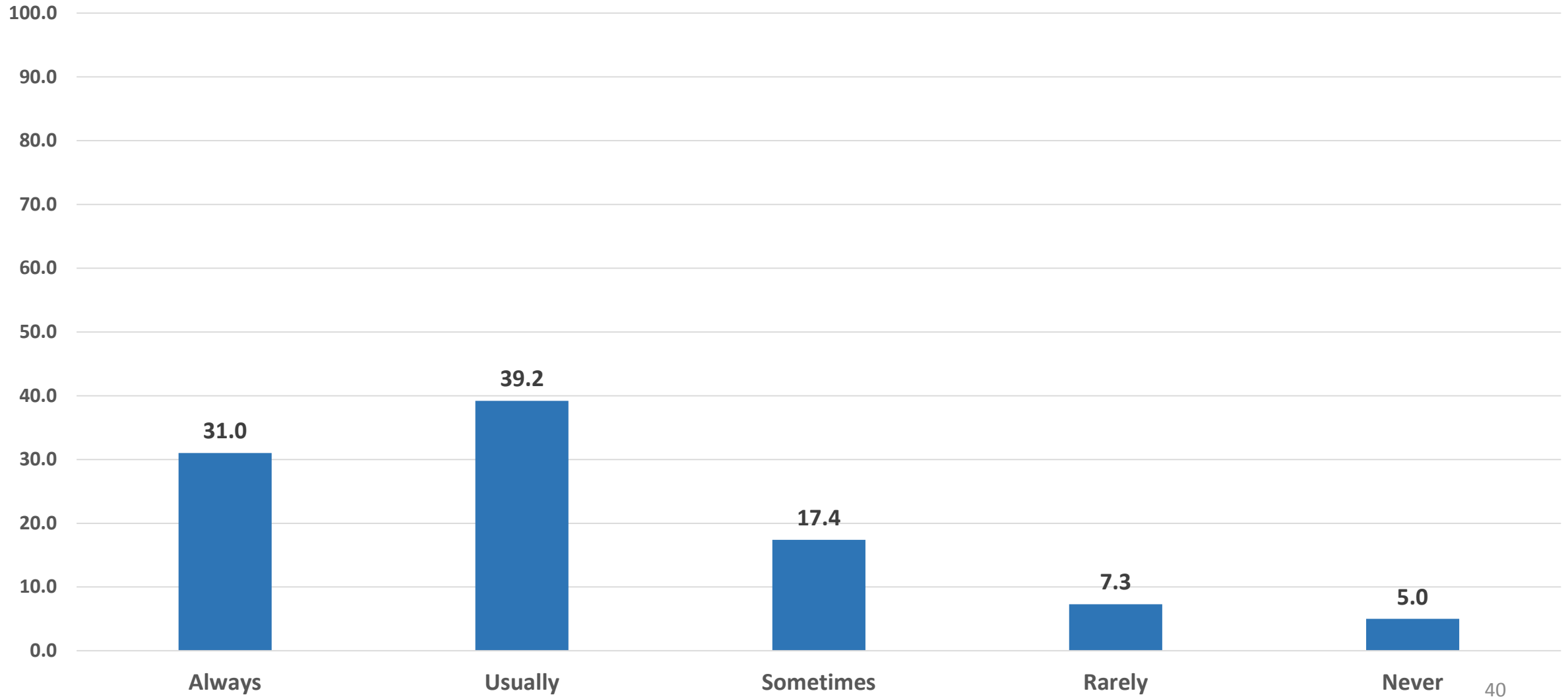
Bridge to Health Survey, 2020



**"...for how many days during the past 30 days was
your mental health not good?"
Bridge to Health Survey, 2020**



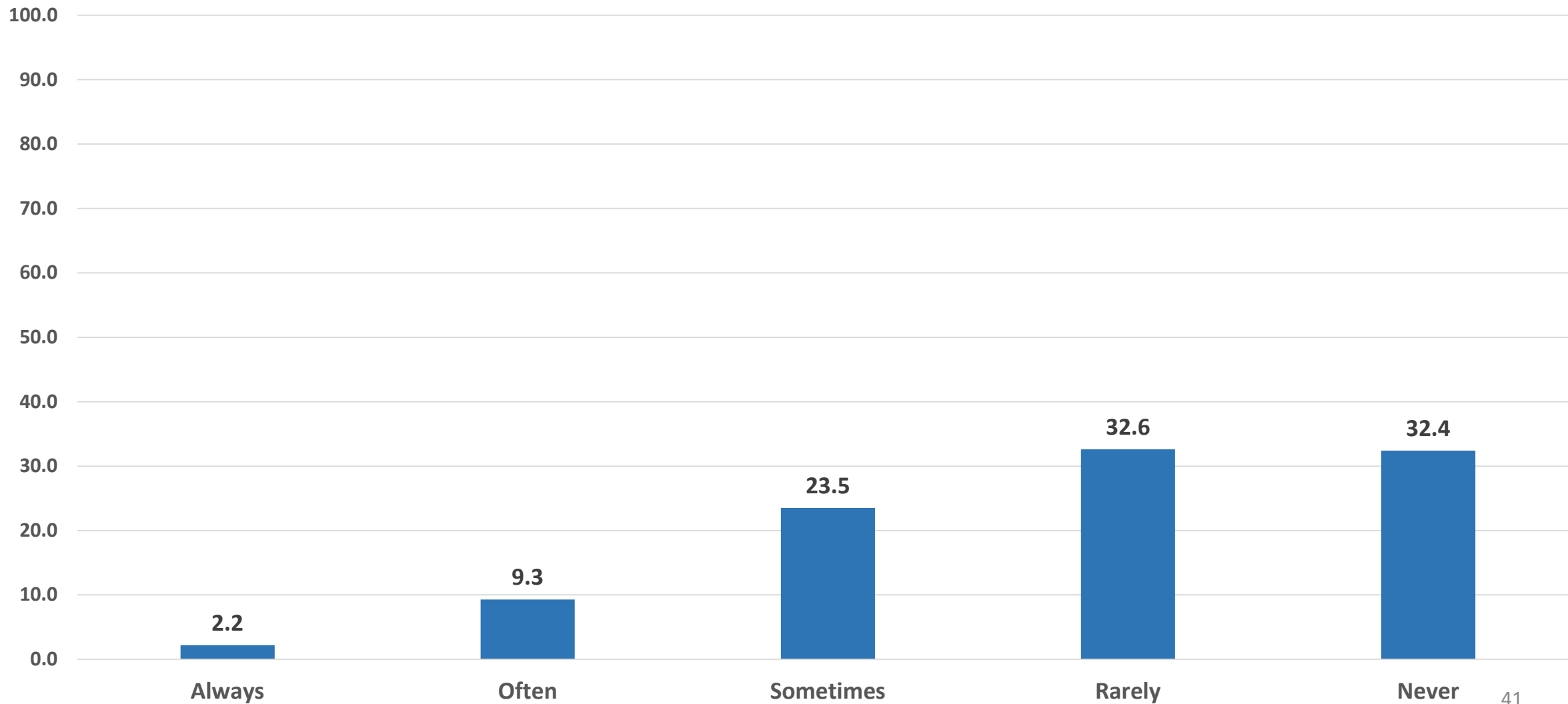
"How often do you get the social and emotional support you need?"
Bridge to Health Survey, 2020





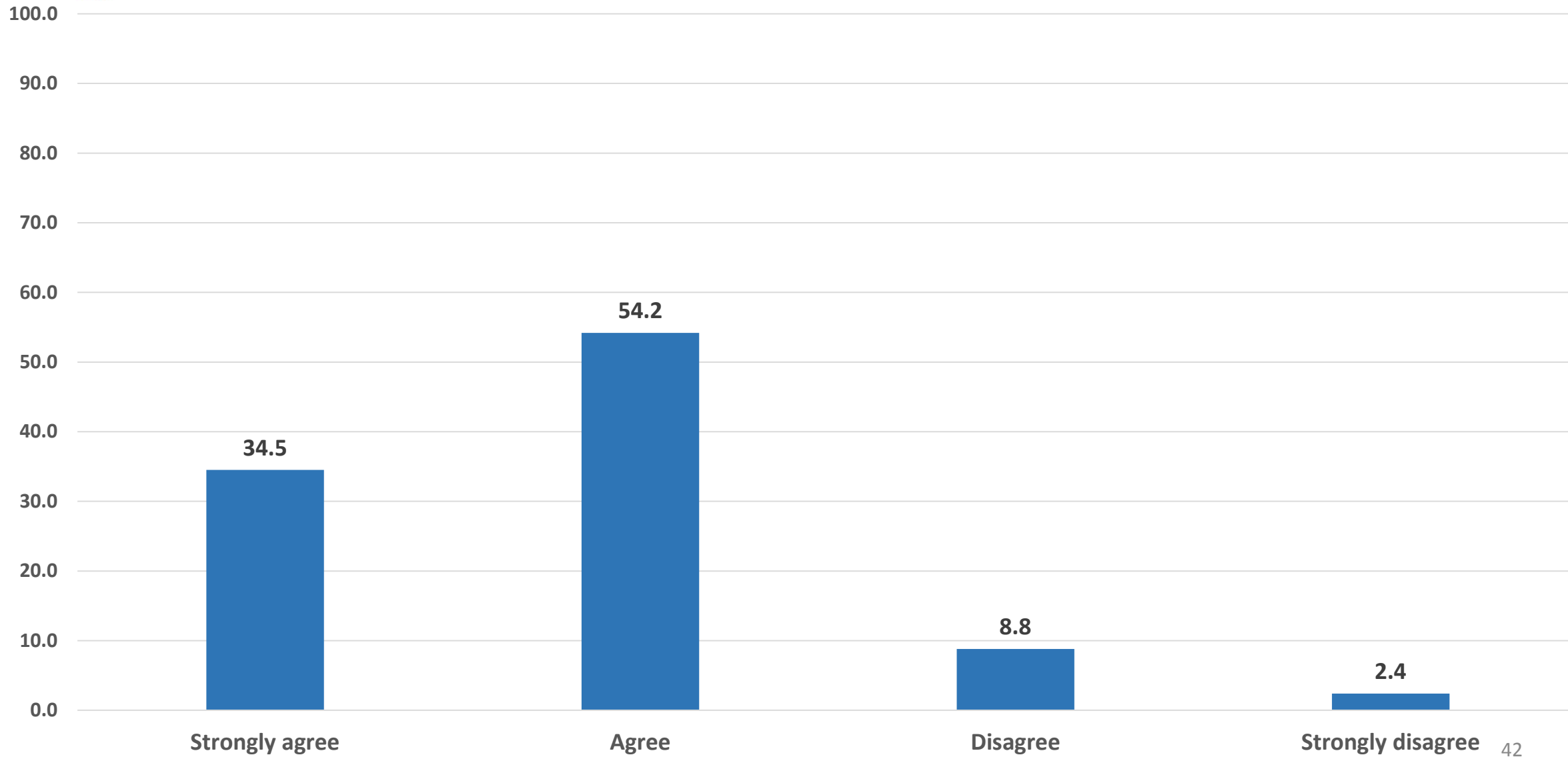
"How often do you feel lonely or isolated from those around you?"

Bridge to Health Survey, 2020





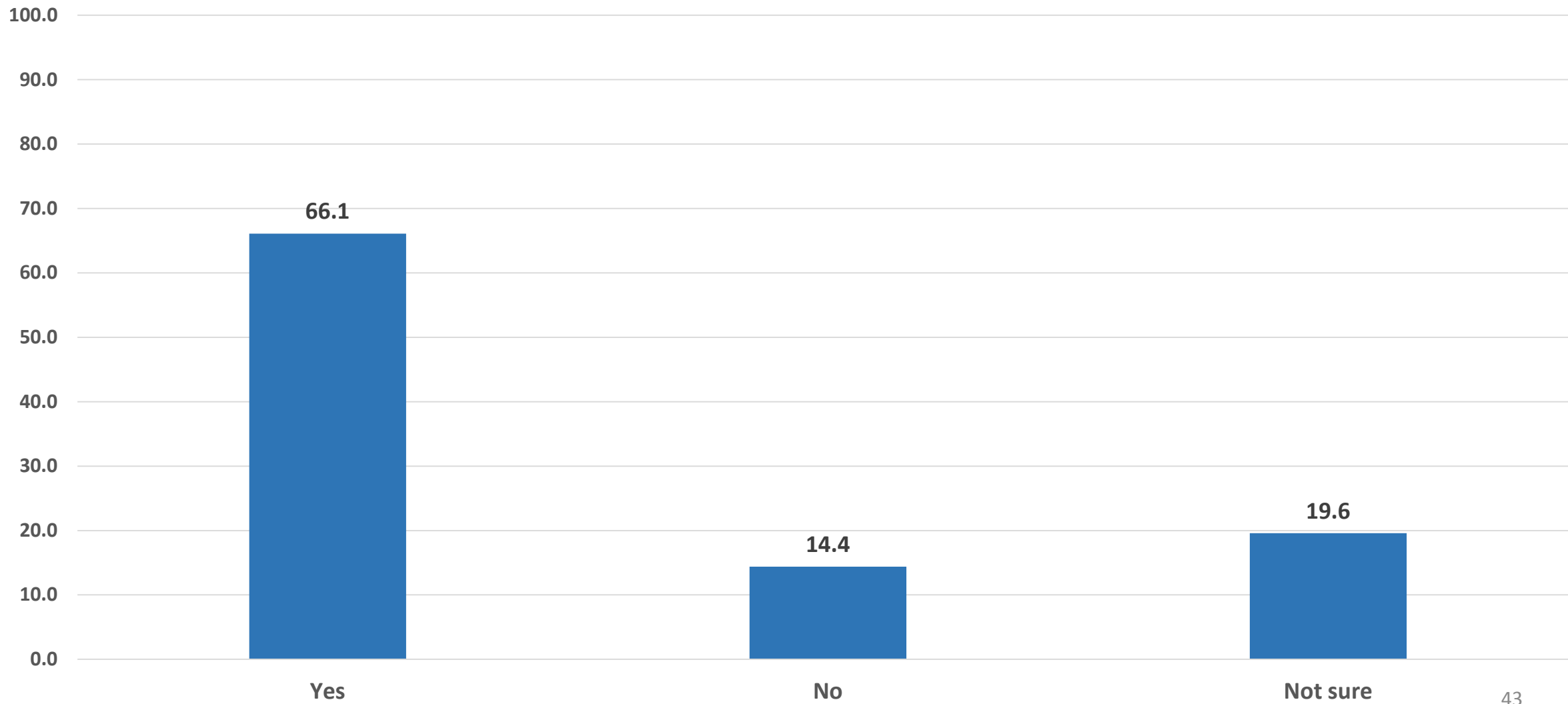
"I lead a purposeful and meaningful life." Bridge to Health Survey, 2020





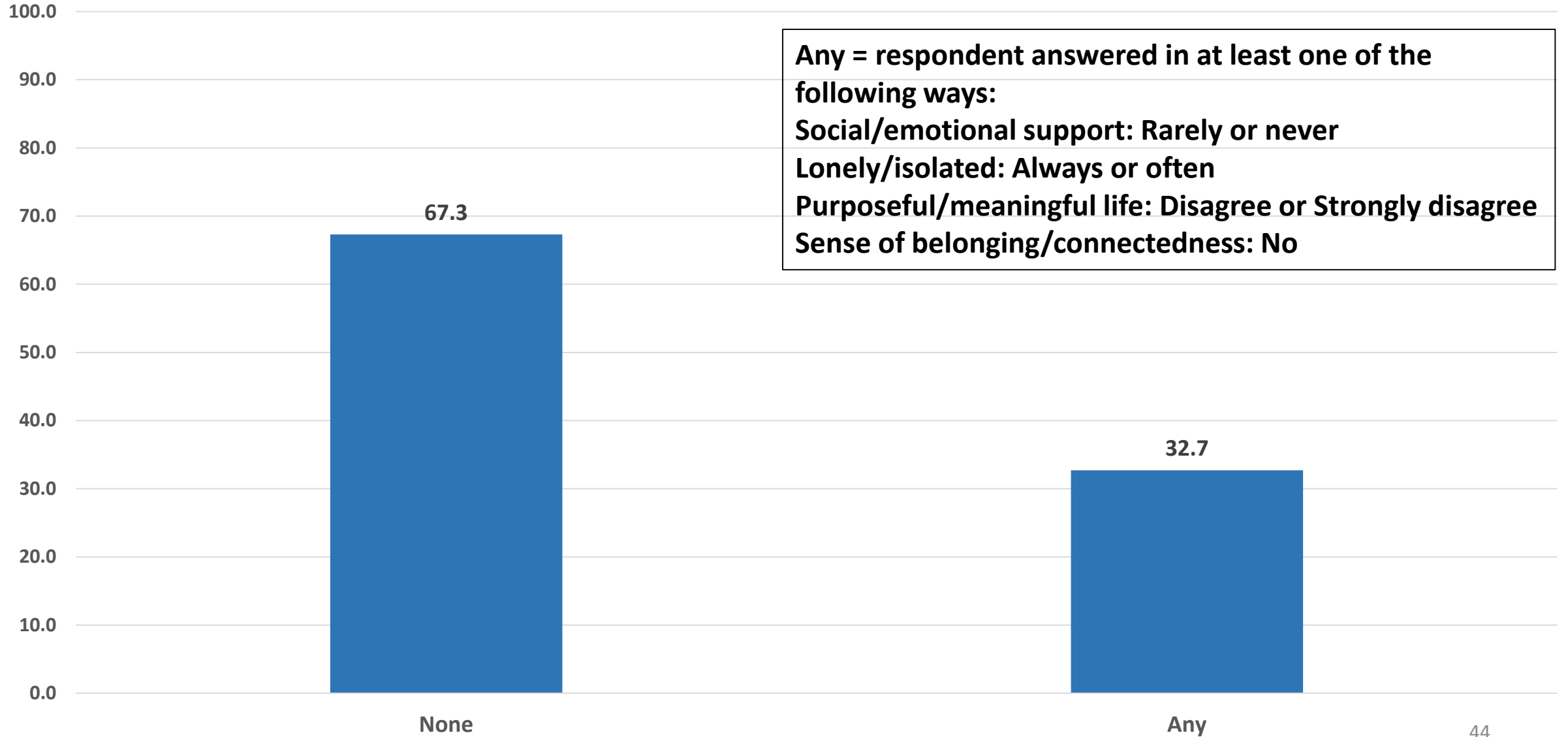
"Do you feel a sense of belonging or connectedness outside yourself/family?"

Bridge to Health Survey, 2020



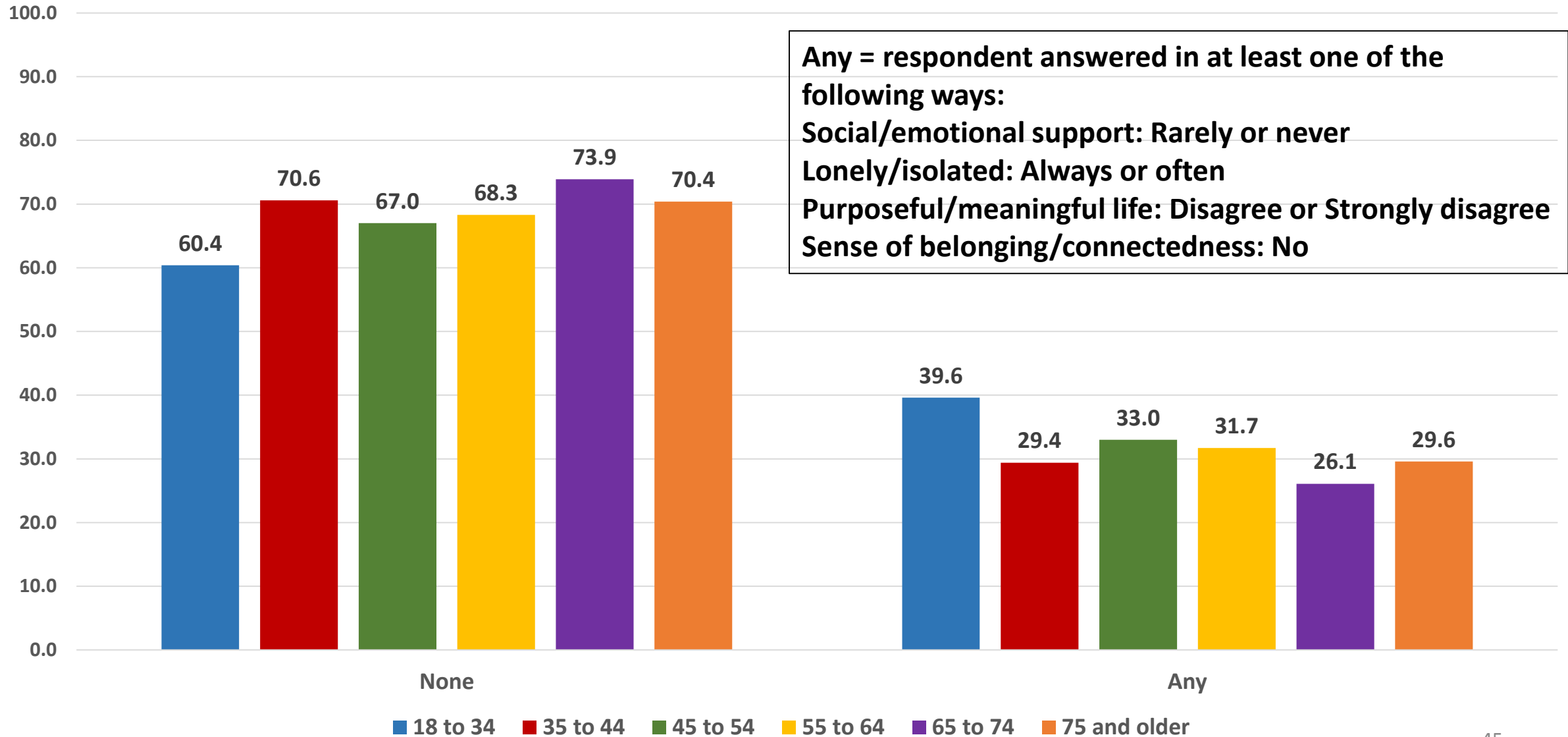
Social Disconnectedness and Perceived Isolation

Bridge to Health Survey, 2020



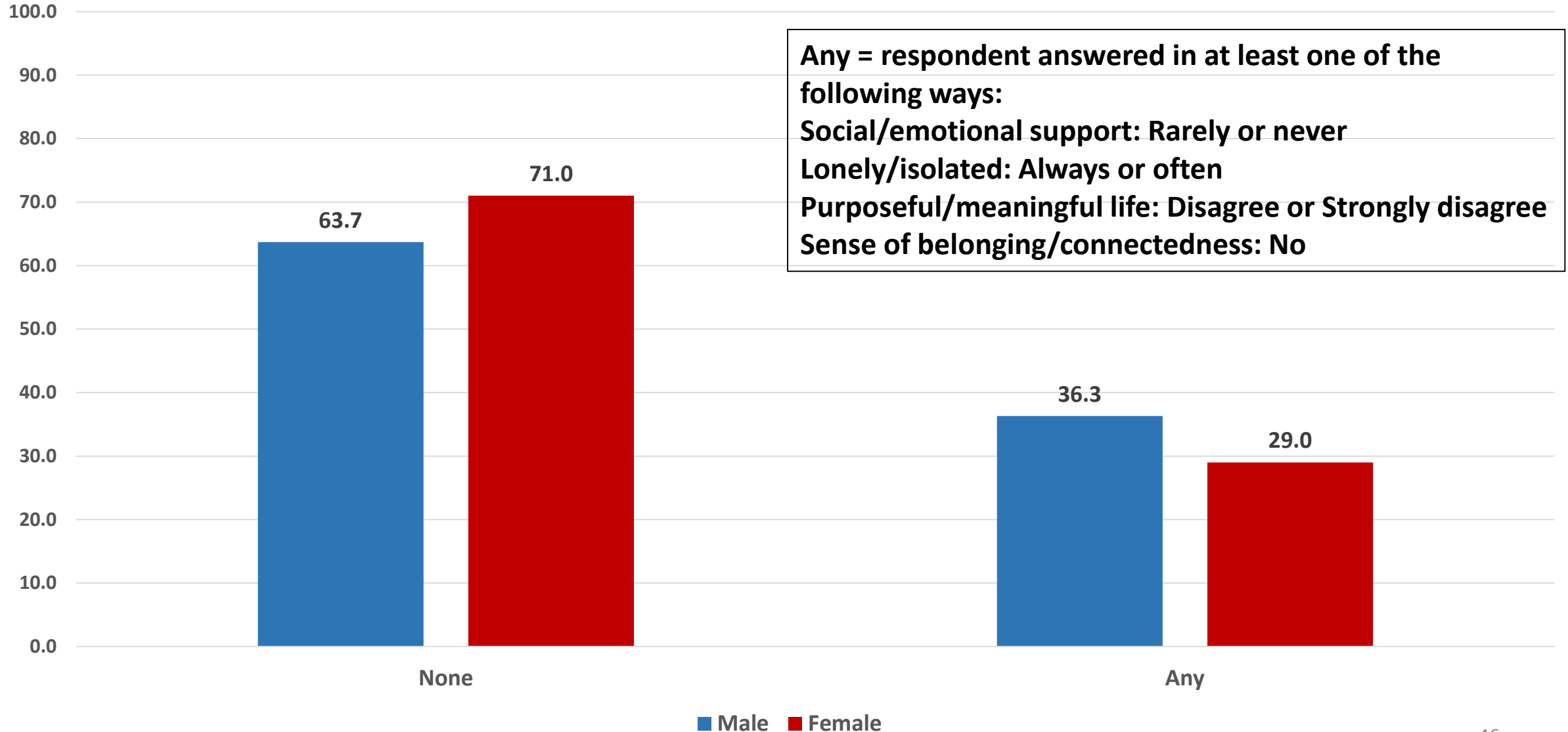
Social Disconnectedness and Perceived Isolation by Age

Bridge to Health Survey, 2020



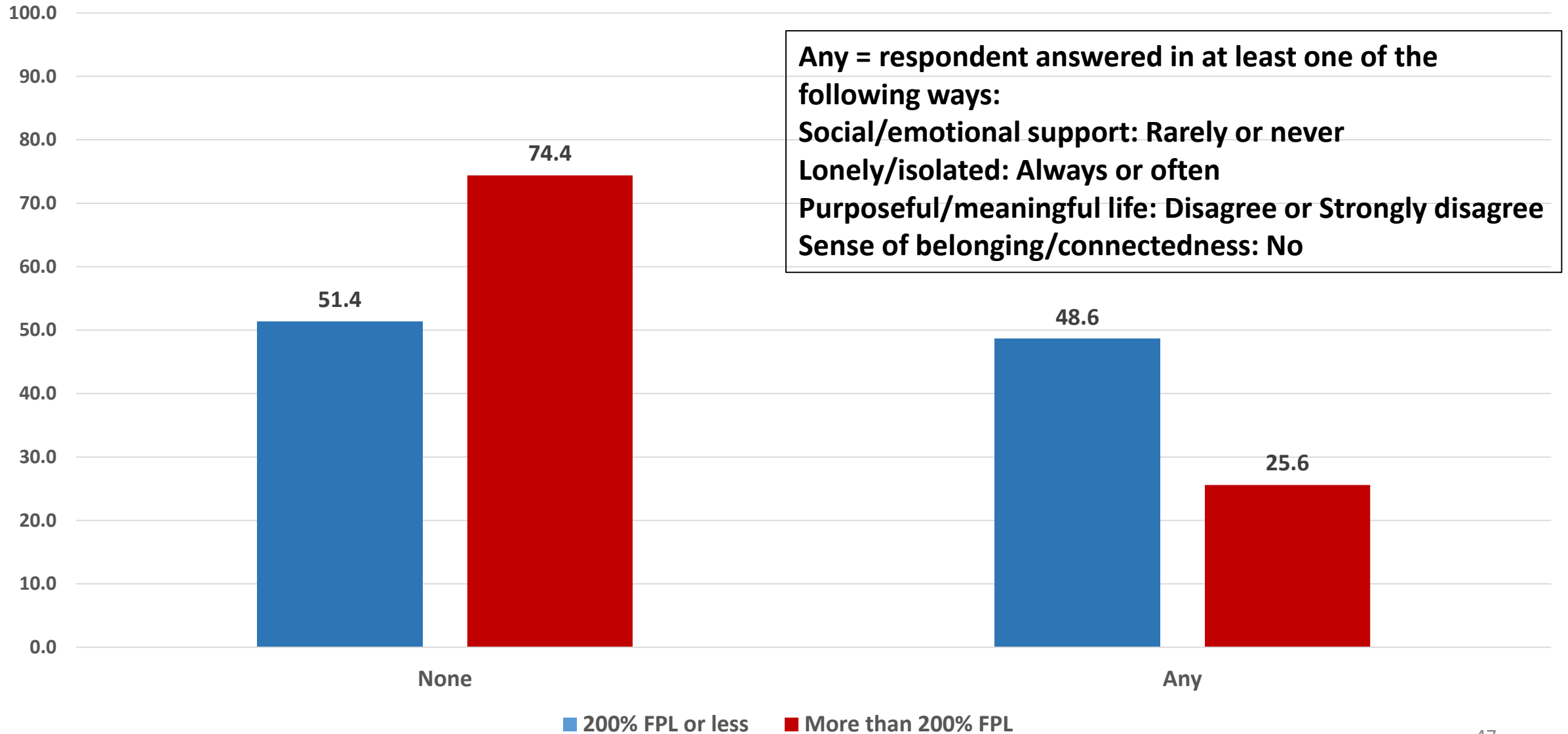
Social Disconnectedness and Perceived Isolation by Sex

Bridge to Health Survey, 2020



Social Disconnectedness and Perceived Isolation by Poverty Status

Bridge to Health Survey, 2020





Bridge to Health Survey 2020

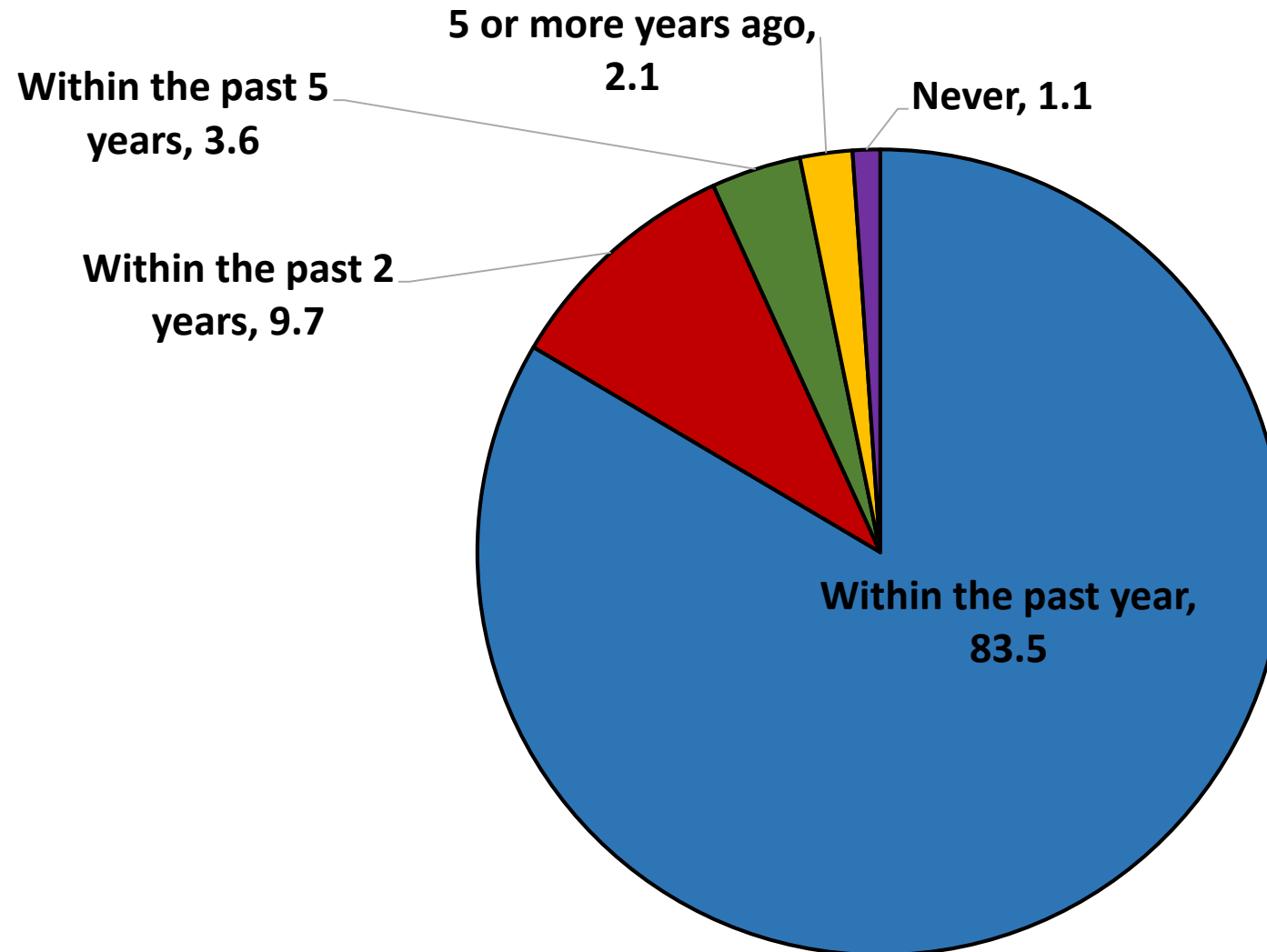
QUESTIONS?



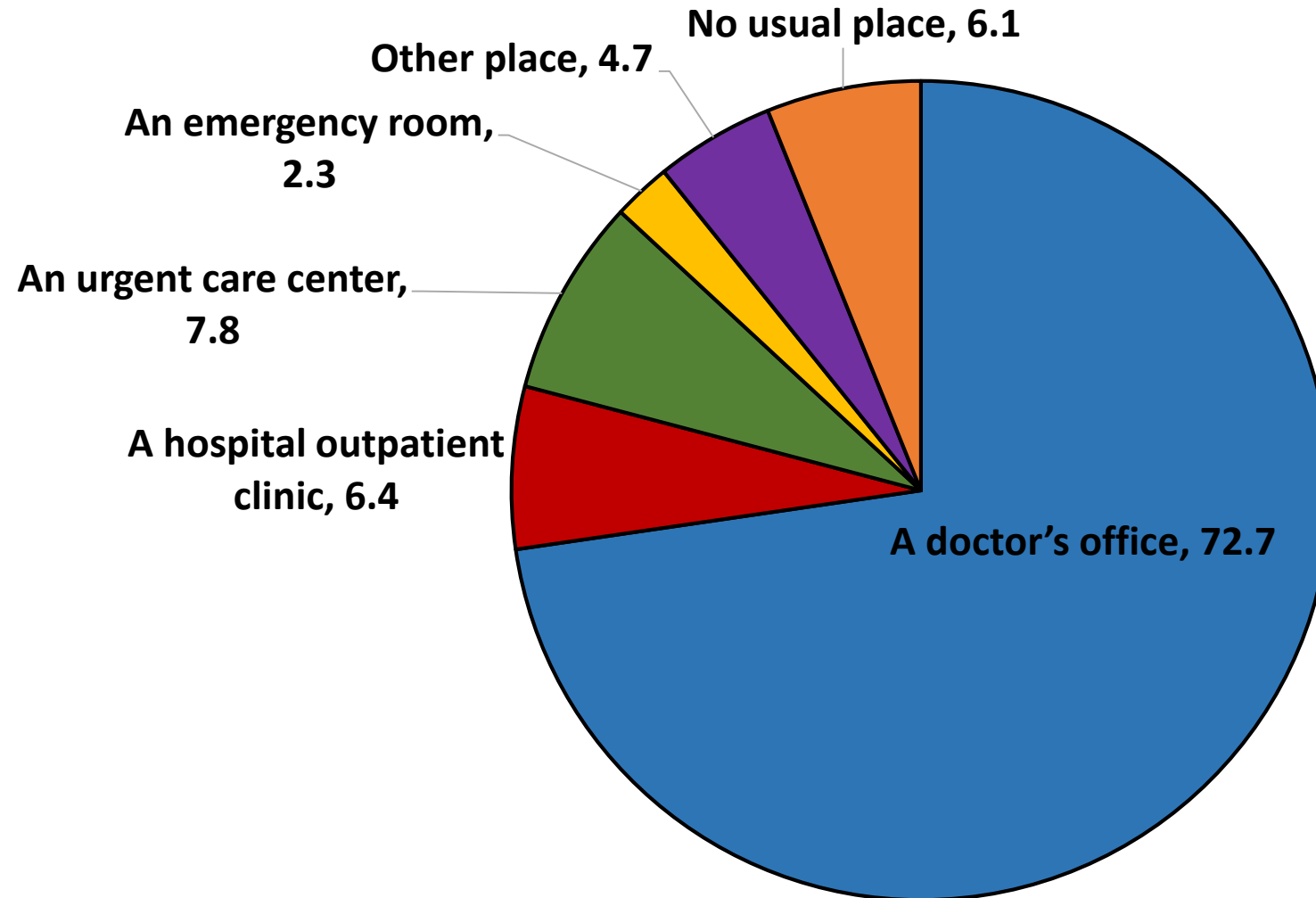
Bridge to Health Survey 2020

Utilization of and Access to Health Care

**"How long has it been since you visited a doctor or other health care professional for any reason?"
Bridge to Health Survey, 2020**

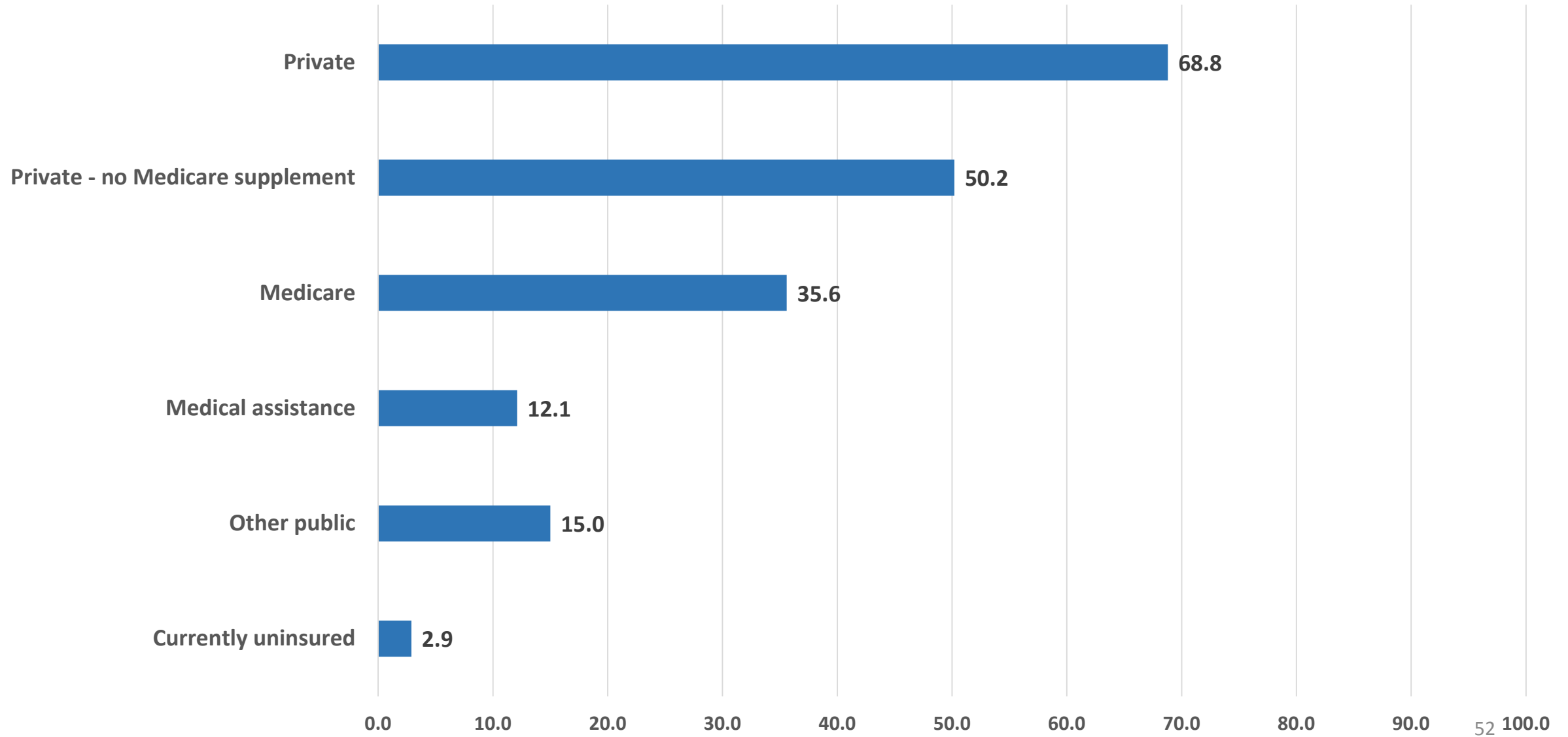


**"Is there a place that you usually go to
when you are sick or need medical care?"
Bridge to Health Survey, 2020**

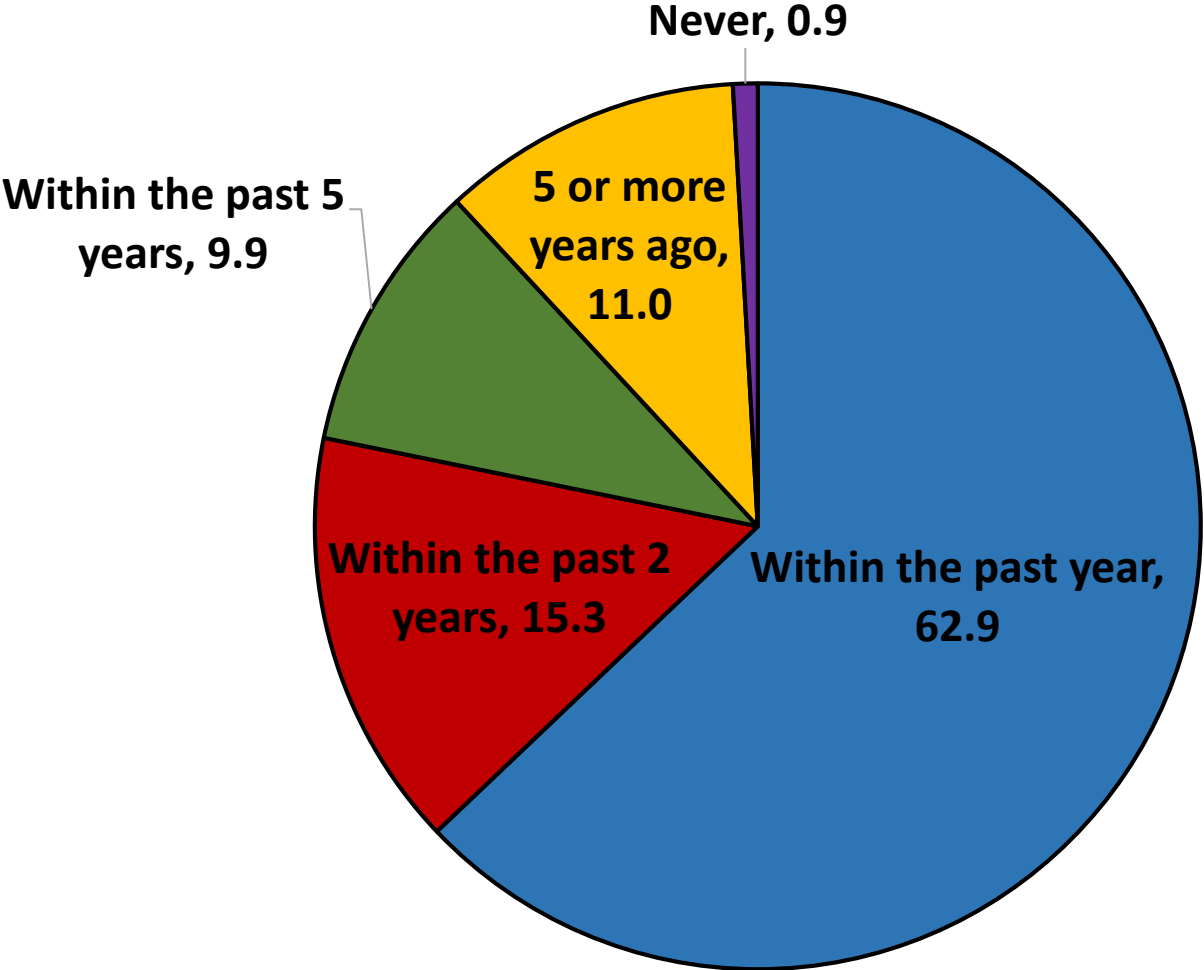


Type of Health Insurance

Bridge to Health Survey, 2020



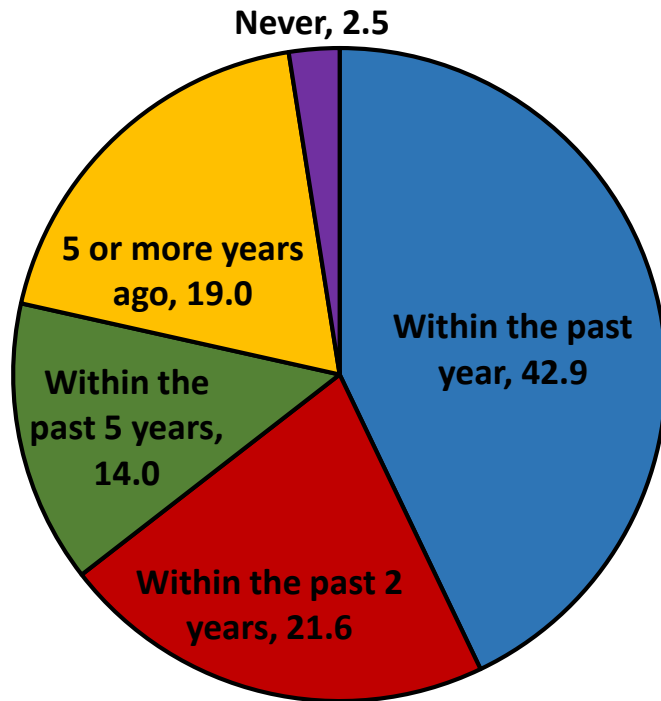
**"How long has it been since you last visited
a dentist or dental clinic for any reason?"
Bridge to Health Survey, 2020**



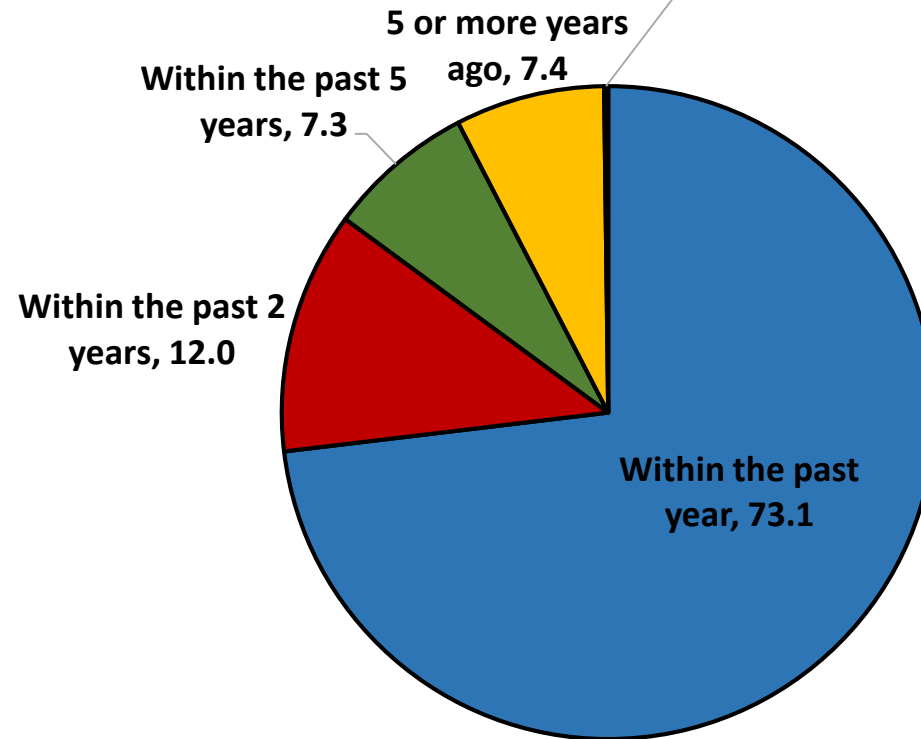
"How long has it been since you last visited a dentist or dental clinic for any reason?"

Bridge to Health Survey, 2020

200% FPL or less



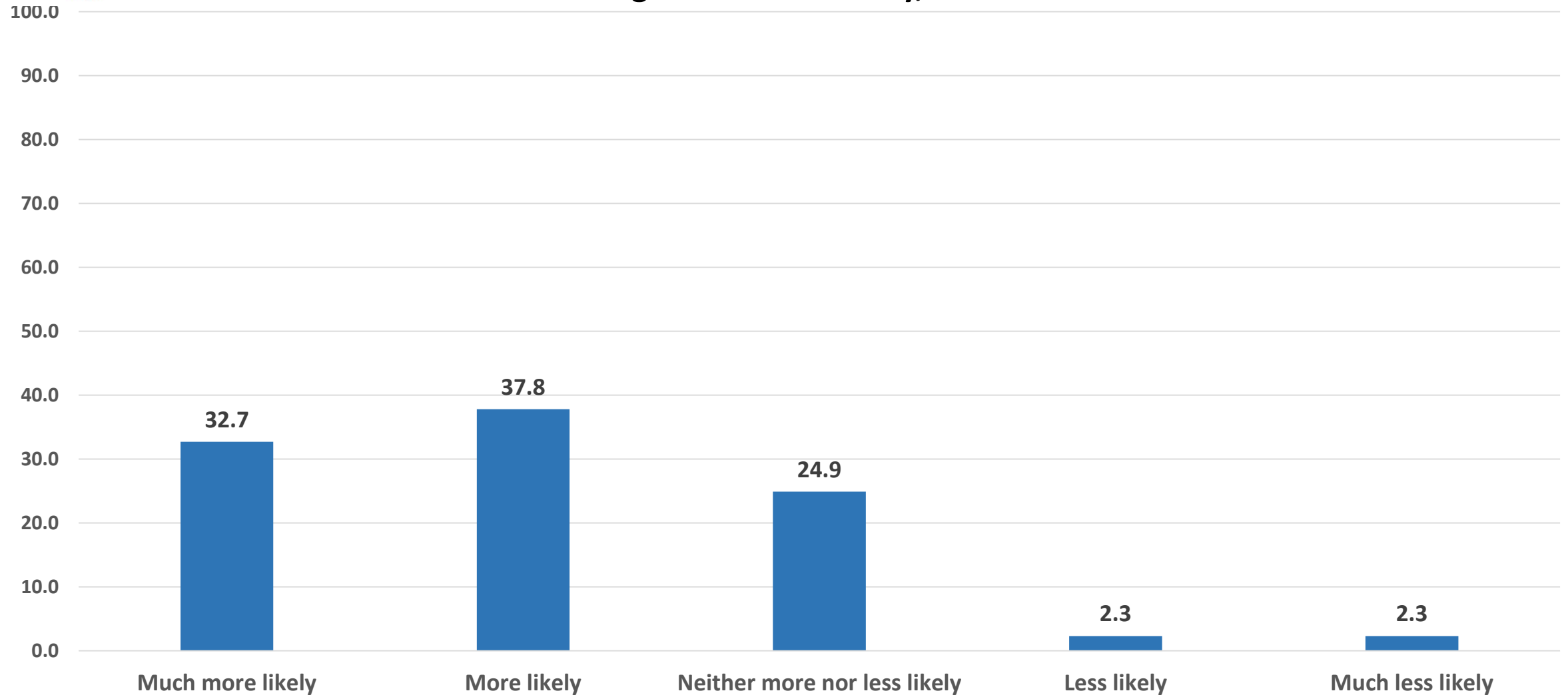
More than 200% FPL
Never, 0.2





"If you or someone close to you needed mental health care, would you be more or less likely to seek care if it was available at your primary care clinic?"

Bridge to Health Survey, 2020

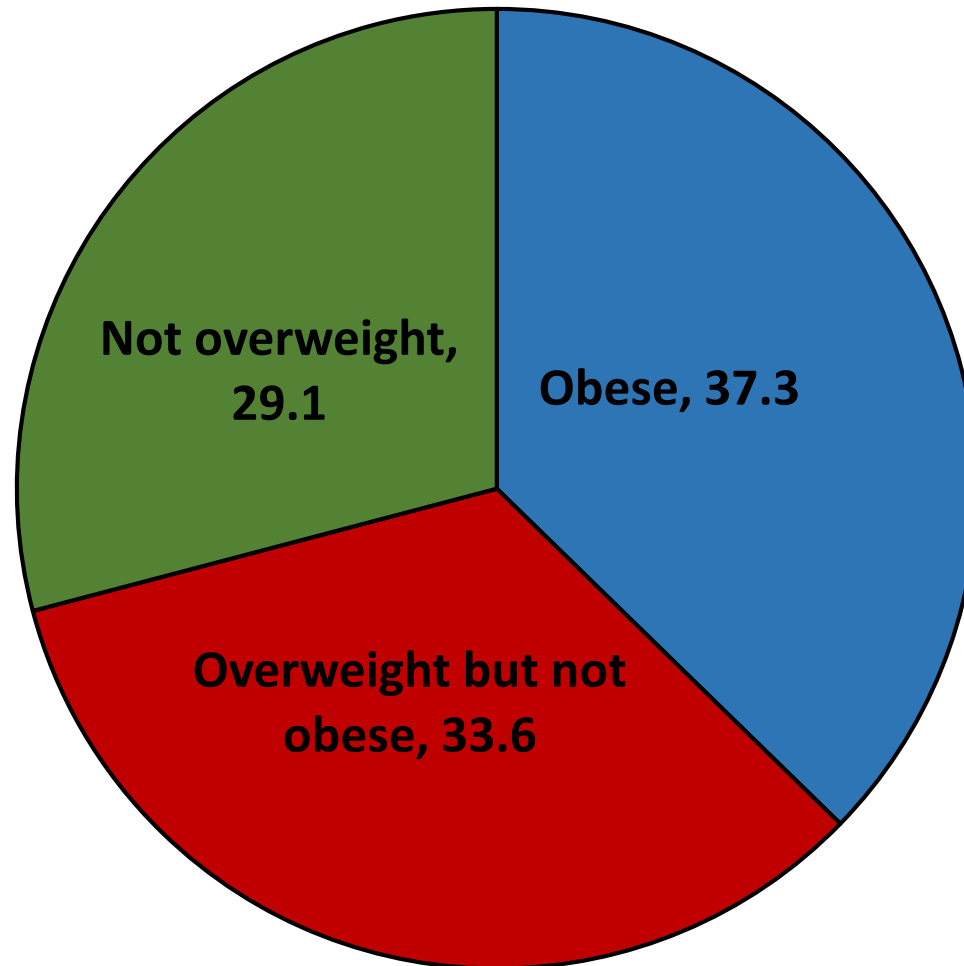




Bridge to Health Survey 2020

Weight Status, Physical Activity and Healthy Eating

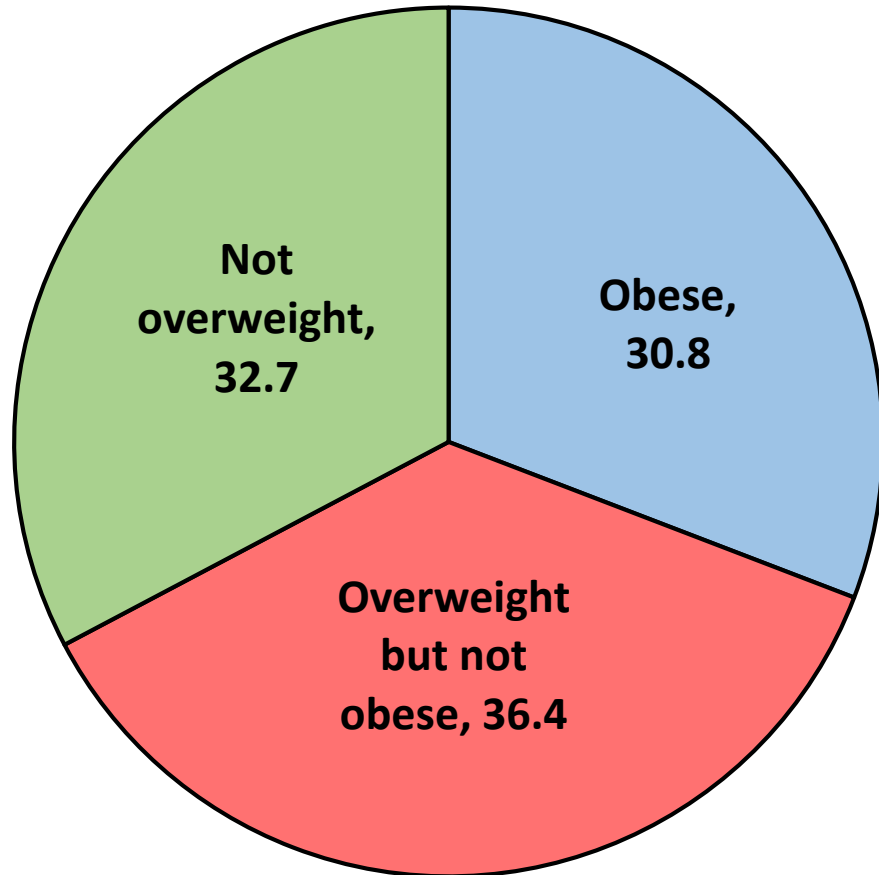
Weight Status According to Body Mass Index Bridge to Health Survey, 2020



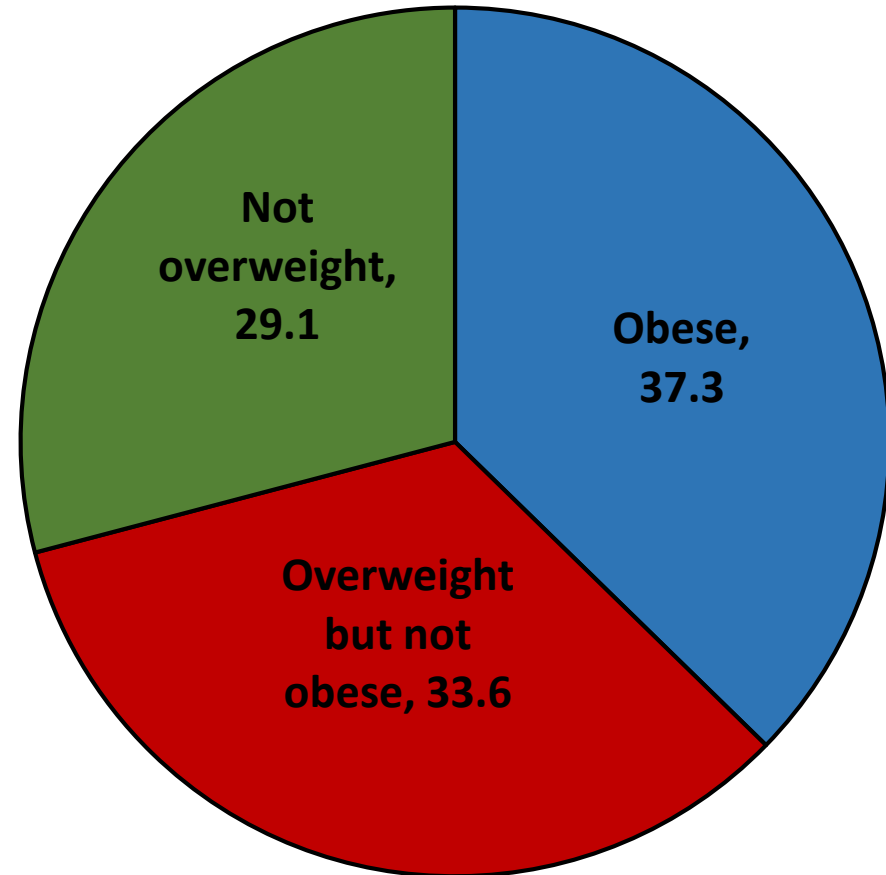
Weight Status According to Body Mass Index

Bridge to Health Survey, 2015 and 2020

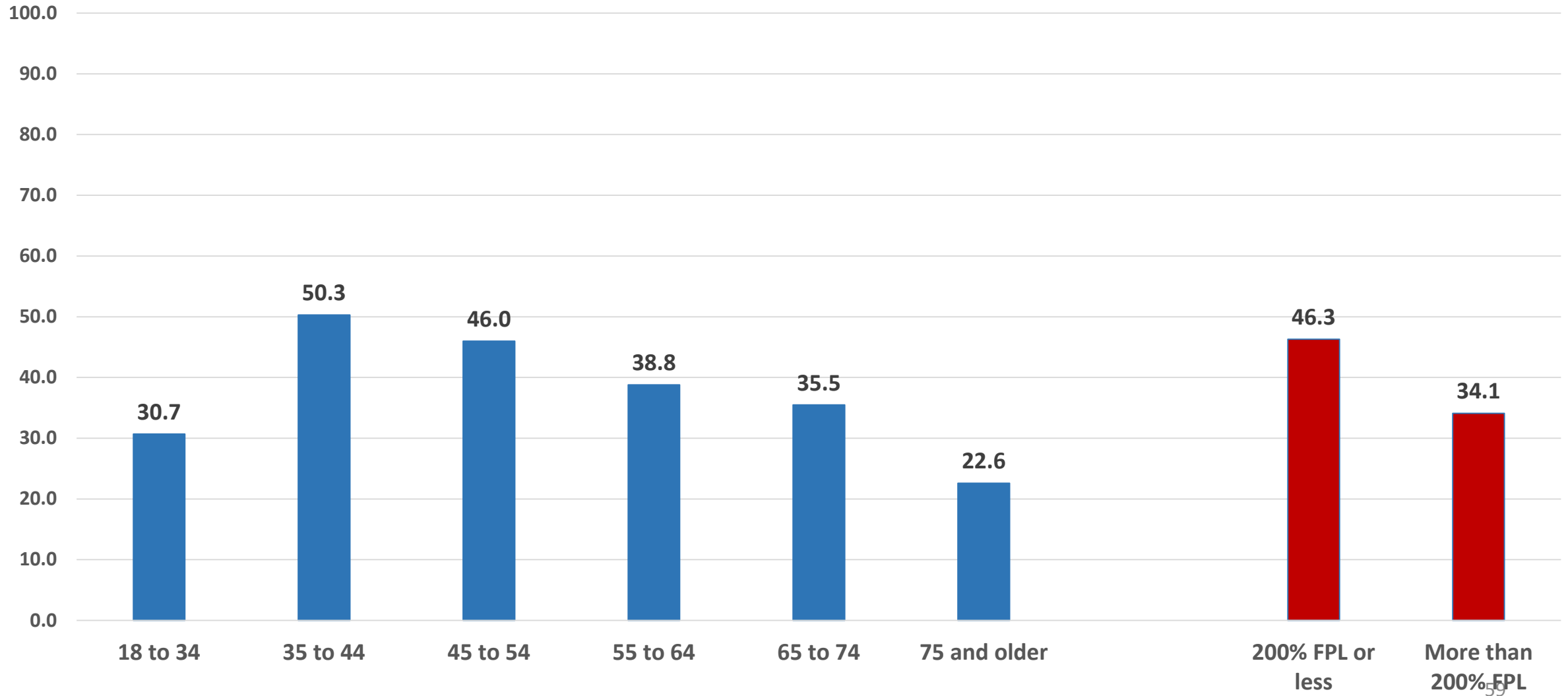
2015



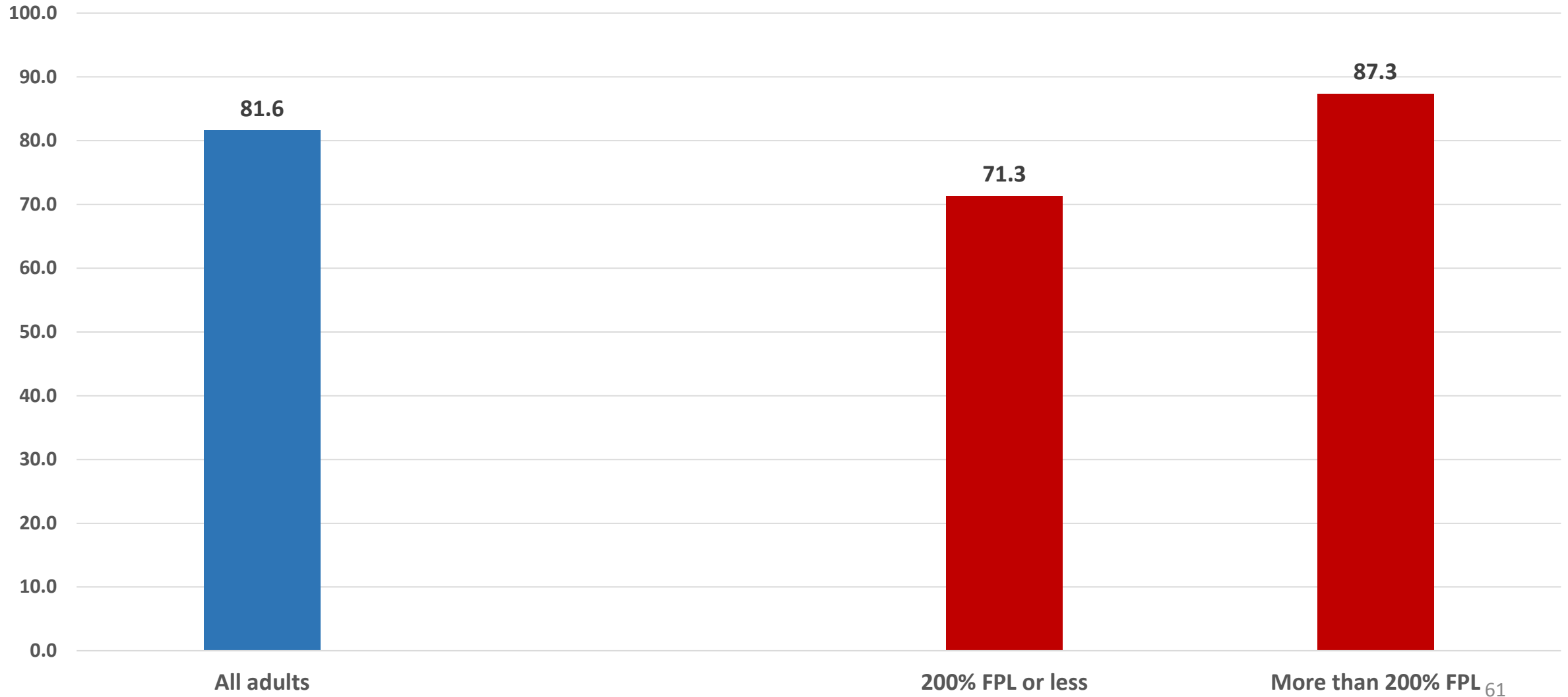
2020



Obese According to Body Mass Index by Age and Poverty Status Bridge to Health Survey, 2020

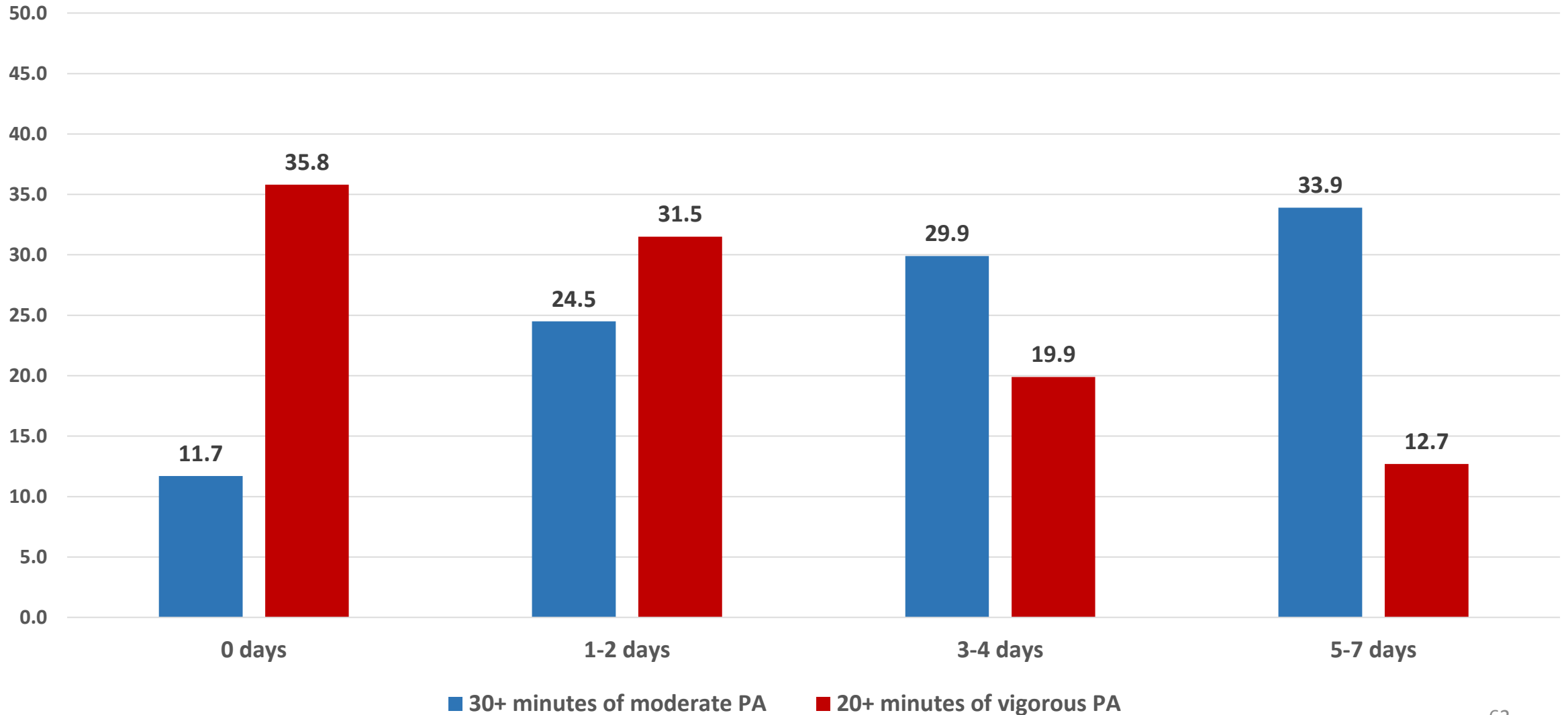


“During the past 30 days, other than your regular job, did you participate in any physical activity ...?”
Bridge to Health Survey, 2020



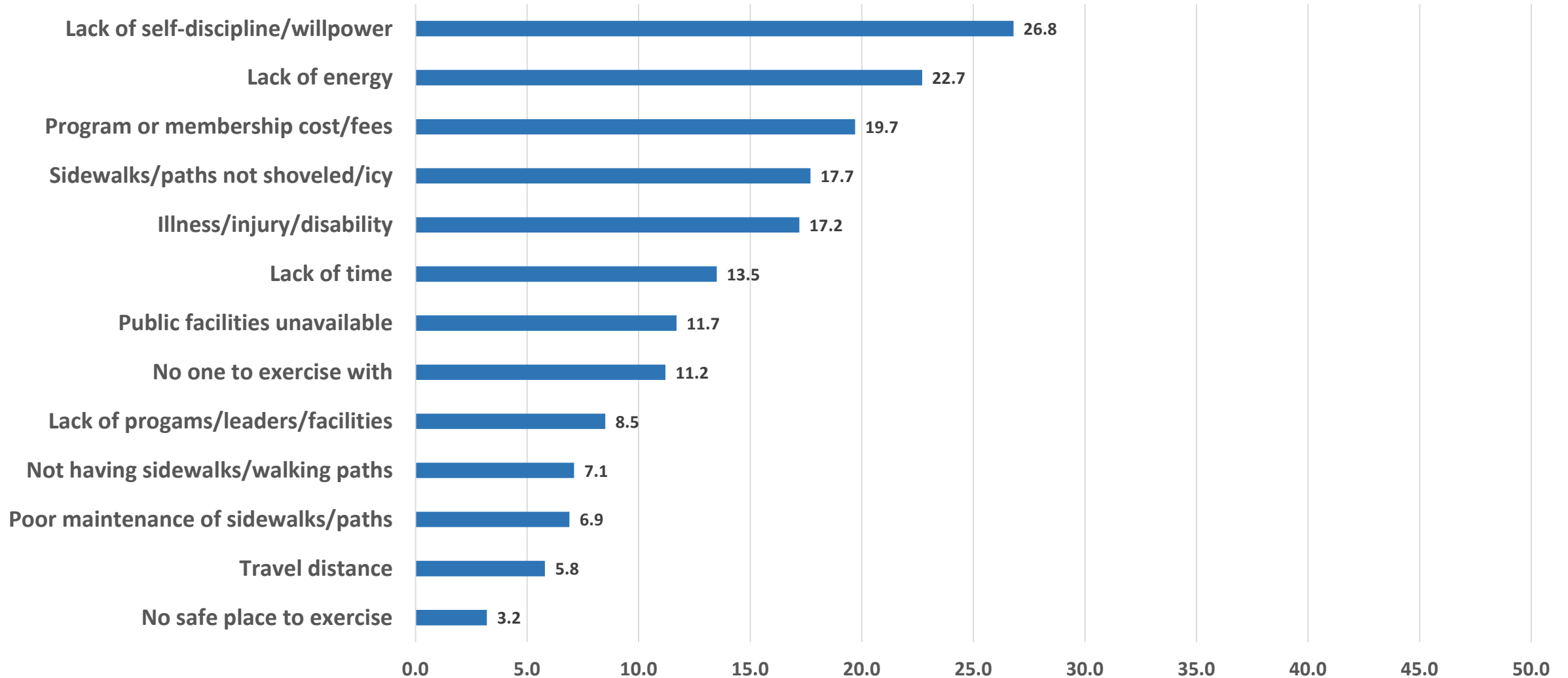
Number of Days of Moderate or Vigorous Physical Activity in an Average Week

Bridge to Health Survey, 2020



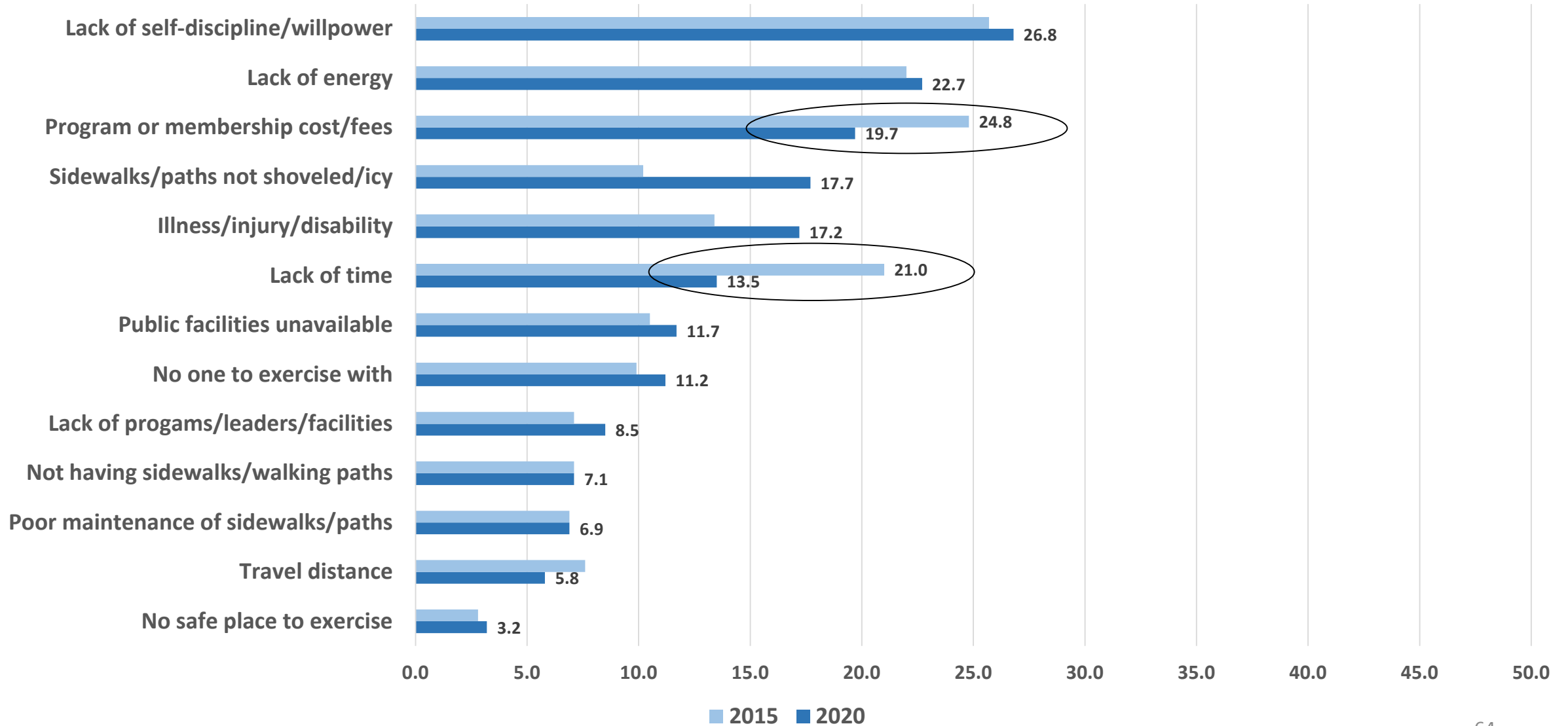
Barriers to Physical Activity that are "A Big Problem"

Bridge to Health Survey, 2020



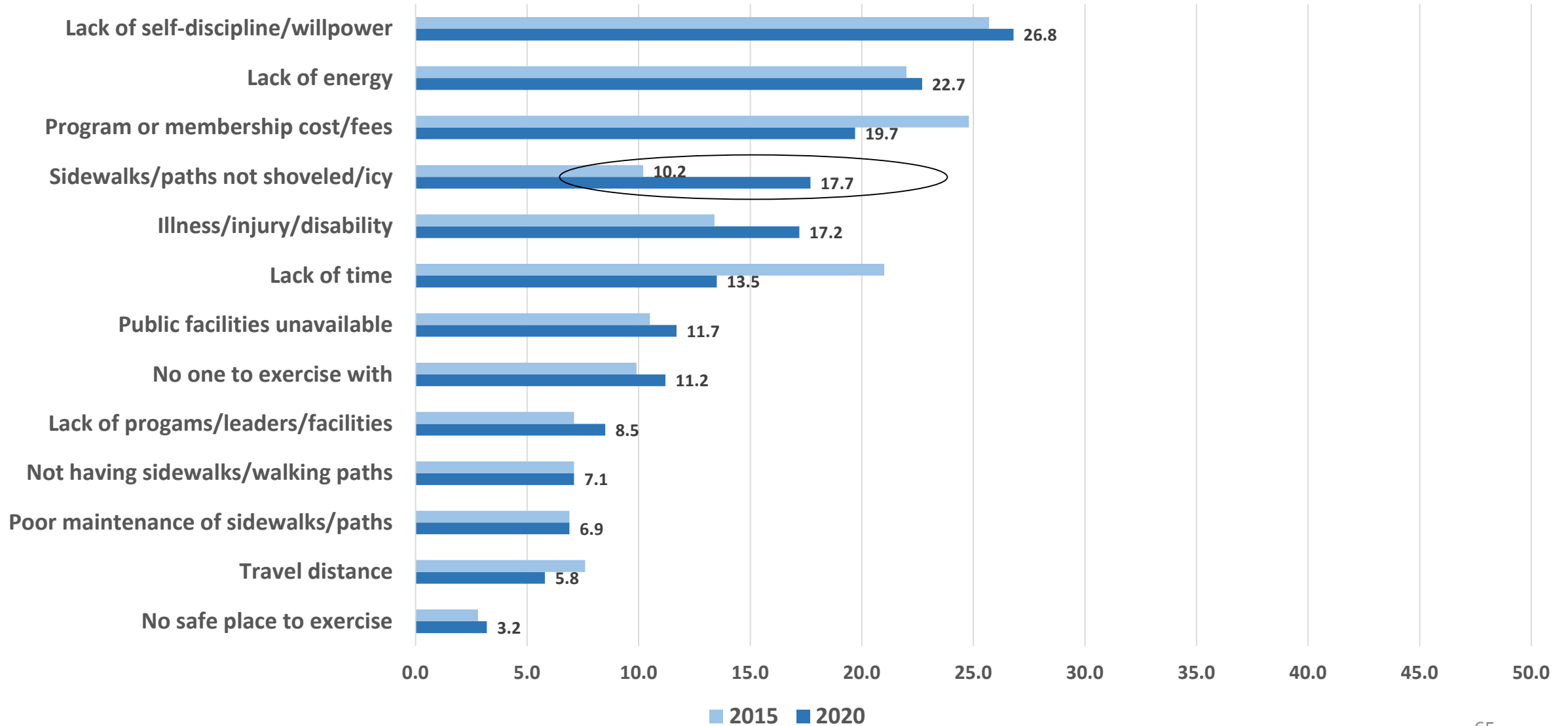
Barriers to Physical Activity that are "A Big Problem"

Bridge to Health Survey, 2015 and 2020



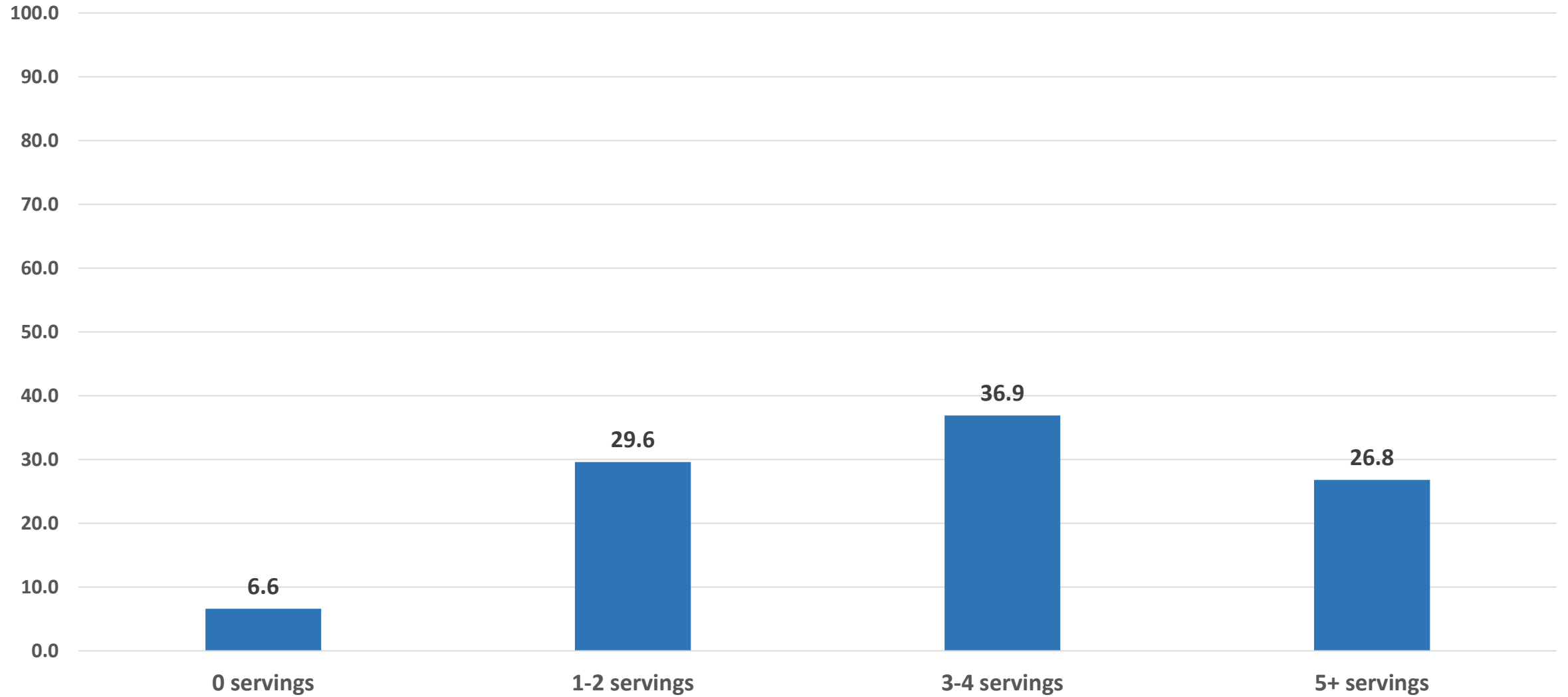
Barriers to Physical Activity that are "A Big Problem"

Bridge to Health Survey, 2015 and 2020



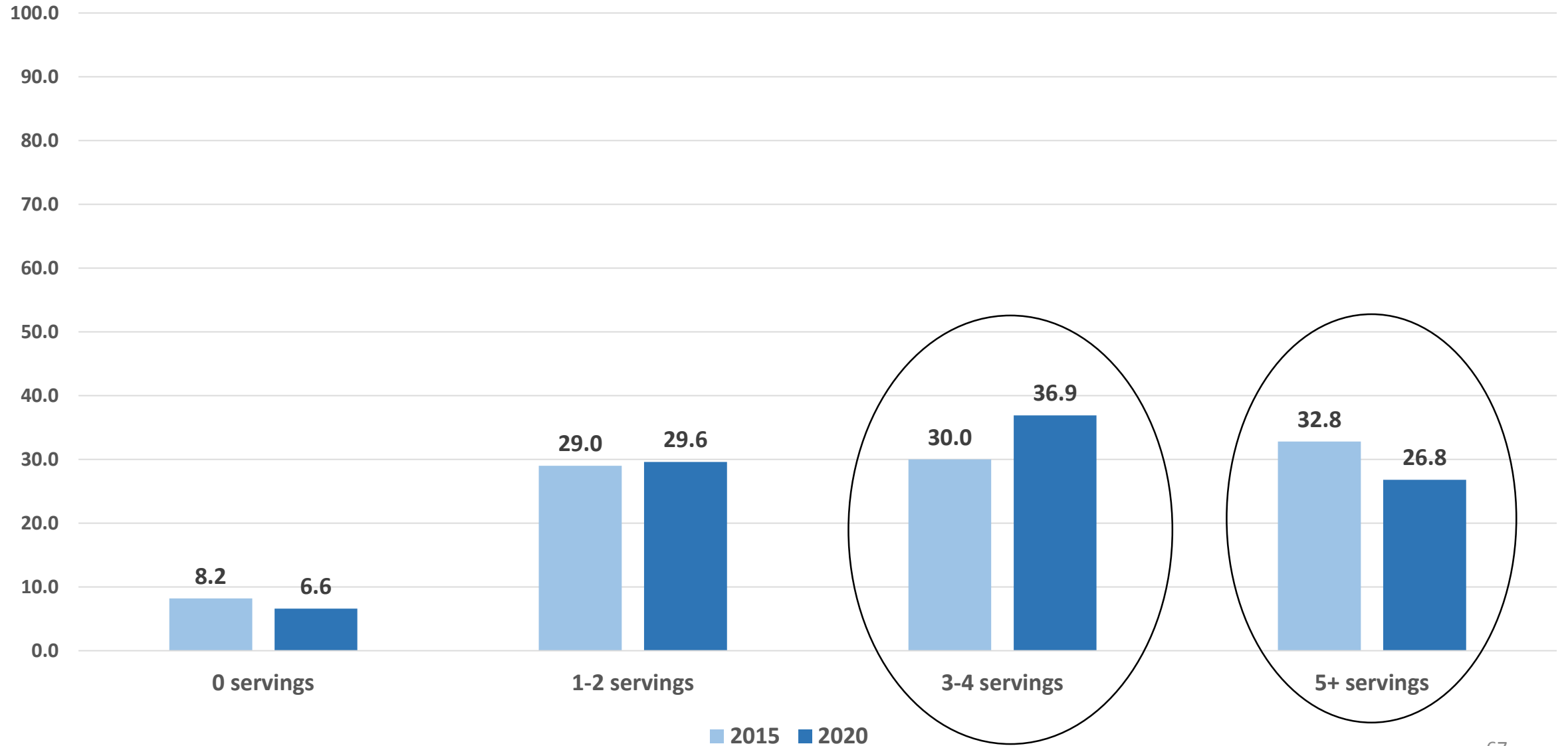
Total Number of Fruit and Vegetable Servings Yesterday

Bridge to Health Survey, 2020



Total Number of Fruit and Vegetable Servings Yesterday

Bridge to Health Survey, 2015 and 2020





Consumption of Sugar-Sweetened Beverages in the Past Week

Bridge to Health Survey, 2020

